The Church of St. Andrew and St. Paul

3415 Redpath Street, Montreal, Quebec H3G 2G2
T: 514-842-3431 F: 842-3433

Inside•Out

Winter 2026



Welcome to Our Church!

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SUNDAY, FEBRUARY 15
TRANSFIGURATION SUNDAY

WEDNESDAY, FEBRUARY 18
ASH WEDNESDAY

THURSDAY, FEBRUARY 19
LENTEN CHAPEL SERVICE I

SUNDAY, FEBRUARY 22
FIRST SUNDAY IN LENT / COMMUNION

THURSDAY, FEBRUARY 26
LENTEN CHAPEL SERVICE II

SUNDAY, MARCH 1
SECOND SUNDAY IN LENT

THURSDAY, MARCH 5
LENTEN CHAPEL SERVICE III

SUNDAY, MARCH 8
THIRD SUNDAY IN LENT

THURSDAY, MARCH 12
LENTEN CHAPEL SERVICE IV

SUNDAY, MARCH 15
FOURTH SUNDAY IN LENT

THURSDAY, MARCH 19
LENTEN CHAPEL SERVICE V

SUNDAY, MARCH 22
FIFTH SUNDAY IN LENT

THURSDAY, MARCH 26
LENTEN CHAPEL SERVICE VI

SUNDAY, MARCH 29
PALM SUNDAY

THURSDAY, APRIL 2
MAUNDY THURSDAY TENEBRAE

FRIDAY, APRIL 3
GOOD FRIDAY WORSHIP SERVICE
GOOD FRIDAY CHORAL SERVICE

SUNDAY, APRIL 5
SONRISE SERVICE
EASTER SUNDAY / COMMUNION

SUNDAY, APRIL 12
SECOND SUNDAY OF EASTER

SUNDAY, APRIL 19
THIRD SUNDAY OF EASTER

SUNDAY, APRIL 26
FOURTH SUNDAY OF EASTER
(HERITAGE SUNDAY)

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Editors: Yilin Chen & Miranda Huybers

Greetings from the Minister

The Rev. Dr. Glenn Chestnutt



One of my favourite Scriptural texts is read and celebrated at the beginning of Epiphany: the visit of the wise men to Jesus. We find this story in Matthew's Gospel, chapter two:

These ancient, exotic, and enigmatic characters have fascinated me since childhood. In the story they navigate the desert by observing a rising star in order to come to Jerusalem and pay homage to the new-born "king of the Jews." Were they astronomers, astrologers, or some other form of stargazer? Were they magicians perhaps? Kings even? We are told that they came from the "East."

Where from exactly? Persia or Mesopotamia? But that would make them pagans, would it not? So why did they travel all this distance to visit with the newborn "king of the Jews" if they weren't Jewish themselves?

The wise men don't exactly fit into the nativity tableau of squalor and poverty with their urbane cosmopolitan affluence and sophistication. But while there is much scholarly debate around just who they were and why they had come to see Jesus, the wise men do fit into a biblical tradition of outsiders (those outside of God's covenant with Israel) having an instrumental role to play in humanity's encounter with God:

They join characters in the Hebrew scriptures like Melchizedek, the king and high priest of Salem, who blesses Abraham, and Pharaoh's daughter who saves Moses both from the Nile and from her father's death squads. They join characters such as Rahab who smuggles Israelite spies into her city so that they can reconnoitre its strength prior to the siege of Jericho and Ruth, a Moabite, who follows her mother-in-law back to Israel and becomes an ancestor of Jesus.

In the New Testament there's the Samaritan leper who is cured and returns to give thanks that he is no longer an

Weddings

Felicity Feng & John Ng
June 14, 2025

Natalya Belenko & Patrice Dansereau
August 29, 2025

Hind Abdulla & Adam James
September 20, 2025

Elsa Kelly-Rhéaume & Jean-Marcel Seck
September 21, 2025

Jake Foy & Nicolas La Traverse
September 27, 2025

Maygan Godin & Thomas Donoso
October 4, 2025

Sabrina Bachour & Daniel Lo Manto
October 5, 2025

Mirianda Erica Nwongah Eyamo & Guy Herman Dicoulla Bobong Yliassou
October 25, 2025

In Memoriam

Joan Blair
June 6, 2025

Michael "Tony" Whitehead
June 26, 2025

Arthur "Art" Dworzak
August 30, 2025

Lois Cockfield Hutchison
December 31, 2025

Constance "Connie" Prevost
June 7, 2025

The Rev. Dr. J.S.S. Armour
August 8, 2025

Tracy Lloyd
September 5, 2025

Gary Fullerton
January 9, 2026

Doris Chagnon Kimber
January 17, 2026

Baptisms

Sophie Chen
October 12, 2025

Farhang "Frank" Amini
November 23, 2025

Greetings from the Minister

The Rev. Dr. Glenn Chestnutt

untouchable outside the grace and favour of God. Then there is the Syrian woman who banters with Jesus for her daughter's health and gets it – and let's not forget that Roman centurion who testifies on Calvary that Jesus was the Son of God.

So, these wise men join the ranks of biblical foreigners or outsiders who have a seminal part to play in God's unfolding drama with humanity: their arrival even fulfilling the prophecy of Isaiah sixty written centuries before Matthew's Gospel:

"Nations shall come to your light, and kings to the brightness of your dawn … the wealth of the nations shall come to you … A multitude of camels shall cover you … They shall bring gold and frankincense and shall proclaim the praise of the Lord." *Isaiah 60:3, 5-6*

Time and time again the biblical narrative seems to suggest that even if people are pagan or hold to a belief system other than that of Judaism or indeed Christianity, what is acceptable to God is the fact that these people strive to seek out truth.

The wise men's story in Matthew's Gospel leaves us with many unanswered questions about belief but it also attests to the irresistible pull of God's grace and the ability of that grace to transcend human understanding, belief systems, culture, and tradition.

Eugene Boring summarizes this understanding as it relates to the Church:

"The task of the church [is] to discern the ultimate quest that is expressed in non-biblical and non-theistic ways in contemporary life and continue Matthew's witness [so] that the yearnings even of those who do not know fully what they seek are met in the act of God at Bethlehem."

These are powerful words suggesting that people, irrespective of their faith persuasion, have an open invitation to come and see the Christ Child - including those who may travel a radically different path to that of many of us in their search for meaning and truth. While this may be a challenging notion, it reminds us that no-one is above anyone else in understanding the ways of God. No one has a monopoly on complete truth or on God's grace.

Gospel stories like this challenge the very notion that one particular individual leader, or particular political ideology, or particular nation is more superior than any other. Our mysterious God loves all of humanity and not just part of it. Our mysterious God loves diversity because God created that diversity in the first instance and as Scripture shows, speaks through that diversity. Also let us recall; once the wise men in our story meet the hegemon Herod, they see through him and his true intentions. After visiting Jesus and worshipping Him, they have nothing more to do with Herod, being told in a dream to return home on "another road." In the face of overwhelming might, Joseph, the earthly father of Jesus, also being warned in a dream by God, flees with his family to safety in a foreign land so as to avoid a needless genocide incurred by Herod and his jealousy. This mysterious God of outsiders and diversity, the God whom we worship, is also then the God of the refugee and the weak.

At this time of uncertainty in our world, where the very order and stability of democratic societies is being threatened, where truth is being undermined and where might seems to triumph over weakness, may we trust in this God to protect and deliver us, just as Joseph and his young family were protected and delivered.

Your minister and friend,

Rev. Dr. Glenn Chestnutt
Lead Minister



Theology and Bread-Making

The Rev. Susan Brasier



I have always enjoyed cooking – slowing down and transforming fresh ingredients into something that will nourish the people I love. I am especially thrilled by the magic that happens in baking: taking foodstuffs that are literally inedible on their own (raw flour or baking powder, for example) and, with time and a bit of knowledge of chemistry, changing them into something special and delicious.

In a world full of schedules and screens, instant email and online everything, stepping back into the ancient art of baking bread has become a prayerful practice for me. Certainly, modernity has provided a number of shortcuts. No longer do we need to grind wheat or chop wood to bake bread – ah, the blessing of inexpensive all-purpose flour and kitchen ovens. Yet the actual preparation remains basically the same as it has been for people down through the millennia.

Bread is essentially flour, yeast, salt, and water. One can add other ingredients and develop different types of bread, but in the end it always comes back to these four – plus some human labour and time. In all of this, I encounter the presence of God.

When everything feels out of control—overlapping meetings, mountains of emails needing replies, reports to generate—we sometimes have to create space for God to find us and be with us. In the slow, prayerful act of breadmaking, I can quiet my fretful soul and listen for God in my life. Everything from preparing to make the bread – what professional bakers call the *mise en place* (reviewing the recipe, preparing the workspace, gathering the ingredients) – to the measuring, mixing, kneading, proofing, forming, and finally baking, takes time and intentionality.

There is something about the physical energy expended in kneading dough that seems to invite God into the essence of our lives. It becomes a quiet time of listening for God while working the dough into a smooth, soft, stretchy substance – a tactile delight.

I am quite certain that the many biblical references to the revelation of God in the breaking of bread are no happenstance – from the manna in the wilderness, to the feeding of the five thousand, the Eucharist, and the road to Emmaus, to name just a few.

Since coming to The Church of St. Andrew and St. Paul, I will admit that I have increased my bread baking. It began with baking fresh bread for the YAM "Suppers at Susan's" and developed into making bread for meals at the church and our contributions to the Native Friendship Centre's monthly meals. It is incredibly affordable (a little less than a dollar a loaf) and invites a team to work together. Often one person mixes the dough on the first day, someone else tends to it later, and another oversees the baking. Something so simple, forgiving, welcoming, team-building, ultimately nourishing – and so delicious.

The professional baker and theologian Kendall Vanderslice, founder of the Edible Theology Project, writes:

"The very chemistry of the baking of bread mirrors God's work in the world. We might say that bread is a form of language through which God speaks to us. And learning the language of bread by actually baking it – paying attention to our senses and moving our hands to mix, shape, bake, and listen to what the bread has to say – is a form of prayer. The process draws us into the presence of God and invites us to know God in a new way... It [invites] us to dwell in the presence of God."

I don't want to suggest that breadmaking is the preferred way to encounter God. While there are many ways to encounter God, I have been profoundly encouraged and filled by the enthusiasm of the good people of A&P to embrace this intensely sensory method.

Respectfully submitted,
Rev. Susan Brasier
Associate Minister of Community Connections & Care



NO-KNEAD FOCACCIA BREAD

AN A&P FAVOURITE OVER THE PAST SEVERAL YEARS



INGREDIENTS

4 c flour (512 g)

2 tsp salt

2 tsp yeast

2 c warm water

4 tbsp olive oil plus more for baking

DIRECTIONS

Mix flour, salt, and yeast. Add warm water and form shaggy dough. Put 4 tbsps of olive oil into clean bowl and coat inside of bowl. Put shaggy dough in bowl and coat with the olive oil. Cover bowl and put in refrigerator to rise overnight.

Remove from refrigerator and bring to room temperature. Prepare 9" x 13" baking sheet by greasing it with 1+ tbsps of olive oil (using parchment paper is always a good idea but not necessary). Deflate dough and form into a ball and place dough on baking sheet. Spread out dough and let rise until doubled. If you wish, decorate with herbs, olives, or garlic as your heart desires.

Set a rack in the middle of the oven and preheat it to 425°F. If using the rosemary, sprinkle it over the dough. Pour a tbsps of oil over each round of dough (or two tbsps if using a 9×13-inch pan). Rub your hands lightly in the oil to coat, then, using all of your fingers, press straight down to create deep dimples. If necessary, gently stretch the dough as you dimple to allow the dough to fill the pan. Sprinkle with flaky sea salt all over. Transfer the pans or pan to the oven and bake for 25 to 30 minutes, until the underside is golden and crisp. Remove the pans or pan from the oven and transfer the focaccia to a cooling rack. Let it cool for 10 minutes before cutting and serving; let it cool completely if you are halving it with the intention of making a sandwich. To store the focaccia: When it has completely cooled, transfer it to an airtight bag or vessel and store it at room temperature for up to 3 days. Otherwise, freeze it for up to 3 months. Always reheat it on subsequent days to revive its crust: 350°F for 15 minutes.

Music Department Updates

Stephanie Manias, Director of Music


Charles Lavergne

As ever, the Music Department of The Church of St. Andrew and St. Paul is busy and active, and there are more than enough updates to fill many pages of this publication. I'll do my very best to be brief!

Since the time of last writing, there have been changes of titles for a few members of the Music Department staff, and a new addition to the team. In June of 2025, Isabelle Demers, Henry Webb, and Stephanie Manias's positions were all made permanent, having each completed nine months in their interim roles. Just a few weeks later, Thomas Le Duc-Moreau was named our new Associate Conductor. It has been a joy to work with Thomas so far this year, whose primary role is to conduct the choir when our principal conductor, Lea Moisan-Perrier, is unavailable. The whole team, including organ scholar Áron Sipos, back for his third year at A&P, works together very well.


Louis Groulx

After a summer busy with Organ Intermezzi concerts and library reorganization, it was back into the swing of things at the end of August. We held auditions for new volunteer singers and happily welcomed four new people to our choir, in addition to the three new professional singers invited earlier in the spring. Two former volunteer members have since re-joined the choir after brief hiatuses, so our roster is larger than it has been since 2019. It is an immense pleasure to see our community grow from year to year.

The autumn and early winter are busy times for The A&P Choir, with at least one special service or event per month for the choir to prepare for. In September, choristers participated in the deeply meaningful Truth and Reconciliation service.


Louis Groulx


Louis Groulx

October was our Fall Wine & Cheese Recital, where choristers got the chance to show off. And then, our big concert season began in November, with Voices of Hope, the annual Maison du Parc benefit concert. This year's concert featured music for "troubled times," centred around Haydn's famous Lord Nelson Mass. With only ninety minutes of rehearsal time with the orchestra, this day is always a whirlwind; we are lucky to have a conductor as skilled as Léa, who manages to get the choir and orchestra to sound as though they've had much more time together.

Finally, we reached December, and the pinnacle of the first half of the choir season, Carols by Candlelight. The A&P Choir was thrilled to premiere Cantata Natalis, written especially for the occasion by Robert Ingari; the video of this portion of the service has been published separately on the church's YouTube channel and is well worth the watch.


Tam Photography

Music Department Updates

Stephanie Manias, Director of Music



Though it is a lot of work to pull off an event of this scale, and I confess a few moments where the workload seemed insurmountable, the end result is always worth the long hours. I have been a part of the choir or leading the procession for Carols by Candlelight (and the regretted CBC Sing-In) since 2008, and every year, I have turned to face the congregation after the procession and been overwhelmed to the point of tearing up to see the church so full.



This year, the first for me as Director of Music, I was so overcome that I had to stop singing for a bar or two. From up there in the choir stalls, we could see the faces of the 1100 Montrealers who had made the trek in the cold,



their joy radiating off of them and warming the space, and hear their voices mingling with those of The A&P Choir. A joyful noise, indeed.

Toula Drimonis, a columnist for the Montreal Gazette, wrote about her experience attending the service, which is shared with permission on the next page.

There is a lot still to look forward to for the rest of The A&P Choir's season. On Good Friday evening, April 3, we return to J.S. Bach's masterpiece, the St. John Passion, for the first time in a decade. The two major solo roles will be sung by former members of The A&P Choir: Nathaniel Watson as Jesus, and Haitham Haidar as Evangelist. And we finish our season this year with our Choral Vigil on May 28, this year in support of two local 2SLGBTQIA+ charities: the Montreal Trans Patient Union (transpatientunion.org), and GRIS-Montréal (gris.ca). A new work composed by Rebecca Gray, a soprano in the choir, with a libretto by herself and Patricia Yates, one of our tenors, will have its world premiere at this service.

Respectfully submitted,
Stephanie Manias, Director of Music



How Christmas carols made the chaos of the world stand still

Toula Drimonis

I won't pretend an evening of joyful music can make up for all the sadness in the world, but it helped.

By **Toula Drimonis** • Special to the Montreal Gazette

Published Dec 26, 2025

Last updated 2 days ago

3 minute read



Gather 'round, children. Let me tell you the holiday story of how the Grinch came to appreciate Christmas (carols).

For the past five years or so, my friends and I have been attending Carols by Candlelight at The Church of St. Andrew and St. Paul during the holiday season. It's a Montreal tradition going back more than 50 years at this historic Presbyterian church near the corner of Bishop and Sherbrooke Sts.

While I'm the furthest thing from "church-going," singing along to the A&P choir every year has become a Christmas ritual for me.

The gathering started as a way to please a friend who loves singing Christmas carols and has an unironic earnestness about them. Not wanting to disappoint him, we started attending even if we were mostly indifferent at first.

This year, however, something clicked for me.

It could be because we were lucky enough to score seats all the way down in the third row. For the first time, we had an unobstructed view of the entire choir and brass and percussion ensemble, conductor Léa Moisan-Perrier's joyful facial expressions and the beautiful stained-glass windows. I even caught a good look at the four-manual 1932 Casavant, one of the city's largest church organs.

But, prime seating aside, I think it's more likely that the serenity and camaraderie of communal singing gave me the hormonal boost and dopamine hit my tired body and weary mind craved this year. Music has, after all, been scientifically proved to lower cortisol. The act of group singing releases oxytocin and fosters community bonding, so it's not all that weird that singing Christmas carols feels a little therapeutic.

It's been another rough year. There's lots to worry about — both here at home and around the world. The holidays can also be a rough time for a multitude of non-unique reasons. Death, illness, frail parents and financial worries can wear people down. There's no shortage of sadness and stressors.

For a brief moment, belting out joyful Christmas music alongside friends and strangers, it almost felt like the chaos of the world stood still for me. It helped lift some of that heaviness so many of us carry alone.

I started the evening by scanning the full house and weighing how likely my chances were of catching COVID or the flu, singing in such tight quarters. But by the time we were halfway through the carols, and much to my complete surprise, I felt deeply moved and transported.

When lead minister Rev. Dr. Glenn Chestnutt rose to call for more empathy in the world, speaking with what sounded to me like a mix between a Northern Irish and Scottish brogue (and reminding me of how much this city has been shaped by the Irish and the Scots), he referred to 2025 as a year of "beauty and burden."

"There is nothing so dark that lightness can't reach it," he said, his words feeling like both a balm and a promise.

I won't pretend an evening of joyful music can make up for all the sadness in the world, but it helped.

I saw the city in all its splendour and solidarity mirrored back to me that evening as we enthusiastically sang in French and English. I marvelled at the diverse choir of Montrealers — from the soprano to the alto, the tenor and the bass — producing such exquisite harmonies.

Leafing through the program, I scanned the names of choir members and musicians: Anfossi, Corwin, Sorel, Iturriria, Bergeron, Cuminato, Campbell, Sipos, Mailloux … on and on, some of the city's finest singers and musicians, many initially from somewhere else, coming together to produce the kind of layered harmony that makes even non-religious folks like me cry.

Thank God we don't all sing the same notes in this city. So much richness would be lost.

Autumn Leaves Tour (October 4, 2025)

Judy Stewart

On a crisp, sunny October Saturday at precisely 9:00 a.m., 55 friends from The Church of St. Andrew and St. Paul boarded a bus for the Guild-sponsored Autumn Leaves Tour of the Eastern Townships. Church members welcomed several new people who had heard about the event through the church's eblasts and social media – a great form of outreach. The bus buzzed with cheerful chatter and eager anticipation – and the day did not disappoint. The autumn foliage was at its breathtaking peak, with vivid reds, oranges, and golds.



Our first stop was the beautiful Abbaye Saint-Benoît-du-Lac, where we had time to reflect and enjoy the peaceful surroundings. Some walked the meditation path, others attended a service featuring Gregorian chant, while many browsed the shop for locally made products.







Lunch followed at Bistro Koz, a cozy lakeside restaurant on the shore of Lake Magog. With delicious food, warm service, and postcard-perfect views, it was a highlight of the day.





We concluded our tour in the charming town of Knowlton with visits to its beloved bookstore and the Three Pines Coffee Shop. As we browsed for treasures or picked up treats for the ride home, many quietly hoped for a glimpse of author Louise Penny.

On the return journey, the lively morning chatter gave way to quiet reflection and heartfelt gratitude. It was a truly special day – thanks in no small part to the thoughtful planning and dedication of Betty-Jo and David Christiani.

Respectfully submitted,
Judy Stewart

Fall Fair Wine & Cheese Night (October 30, 2025)

Betty-Jo Christiani

What better way to relax and enjoy oneself after a week of hard work getting ready for the Fall Fair, than to attend the Fall Fair Wine and Cheese Night!





Seventy people were present at this festive event organized by Christine and George Boynton, Dr. Jacqueline McClaran, and Dr. Jonathan Meakins.

Highlights of the evening were the delicious cheeses and lovely wines, wonderful door prizes, and some special preview items from the Fall Fair for purchase.







This was a great opportunity for friends and new acquaintances to get together for an evening of fun and fellowship.

Respectfully submitted,
Betty-Jo Christiani
President, The Guild

St. Andrew's Senior Social (November 19, 2025)

Judy Wooldridge

Members of our congregation were individually greeted on arrival at Kildonan Hall, and gradually found their way to one of the tables. We were joined by members from Kensington Presbyterian Church in N.D.G. who had been invited by the St. Andrew's Presbyterian Homes Foundation.

The afternoon event began with a warm welcome given by Betty-Jo Christiani, the President of the Guild, and was followed by the Grace given by Rev. Dr. Glenn Chestnutt. The tables were laid with fresh flowers and our lovely silver teapots. Every table had a three-tiered cake stand, which held little sandwiches on the lower layer, home-made scones on the middle layer, and tiny brightly coloured iced biscuits on the top layer. All so festive looking! What a pleasure it was to have flowered bone china cups and saucers; tea does taste better from a bone china cup! We really enjoyed this delicious tea, especially the scones, and it reminded many of us of celebratory teas we had enjoyed in our earlier years. It was much appreciated that we were served while sitting down comfortably.







Halfway through the tea, Betty-Jo introduced the people who were going to entertain us.

Baritone Alasdair Campbell, a member of our choir, would recite and sing solos and would be accompanied on the piano by Carl Matthieu Neher. Mackenzie Tawa would perform some Highland dancing for us. The entertainment began with Alasdair, dressed in full Scots costume, reciting the poem "To a Mouse" by Robbie Burns. He gave it in the proper Scot's pronunciation, maybe a bit obscure for some of us, except perhaps "the best laid schemes of mice and men go oft awry". How true! It was well received.



St. Andrew's Senior Social (November 19, 2025)

Judy Wooldridge

Then we were treated to hearing him sing some old familiar songs from Scotland, as well as an aria from Handel’s Messiah. He sang them beautifully and was accompanied on the piano so perfectly by Carl Matthieu. It was heart-warming and awakened a sort of nostalgia at the same time.

The Highland Dances by Mackenzie, dressed in her kilt of course, accompanied by recorded bagpipes, were wonderfully performed. Mackenzie seemed to dance so proudly and was so light on her feet. In a short break in her dancing, we were all surprised and delighted by the appearance of Elder Bruce Bolton in full Scots attire, who circled around Kildonan Hall joyfully playing his bagpipes. We all laughed as he left the hall playing a snatch of "When the Saints Go Marching In!" The entertainment finished by everyone singing "Auld Lang Syne" together.

This was followed by a short presentation by Marie Bourbonniere from the St. Andrew's Presbyterian Homes Foundation Senior Support Programme. She told us about services offered to people from our church community who need home help following surgery or due to chronic illness, or help with transport to medical appointments, or even help with grocery shopping. We are so fortunate to have this organization available for us in case we need it.

Finally, Rev. Dr. Chestnutt brought the event to a close with a Benediction. It was a very special afternoon.

Respectfully submitted,
Judy Wooldridge







Guild Potluck Lunch (January 14, 2026)

Betty-Jo Christiani

On Wednesday, January 14, 2026, there were 35 in attendance for the Guild Potluck Lunch.



This annual event aims to thank Fall Fair table convenors and some of their workers, Guild volunteers who help at receptions, and donors who contribute to many Guild events.

This year we welcomed Maria McMurtry, Daina Salciunas, and Diana Schuster (new volunteers), and honoured Miranda Huybers (Office Manager & Communications Coordinator) and Sandy Steadman (Guild Treasurer) who have helped the Guild Executive in so many ways.

Respectfully submitted,
Betty-Jo Christiani
President, The Guild





Celebration Sunday

Betty-Jo Christiani

On Celebration Sunday, January 18, 2026, The Guild and the Mission & Outreach Committee received eighteen charitable partners to the Sunday service and reception. The wonderful service included a warm welcome, meaningful prayers, and a stirring sermon, inviting us to "Come and See" the Holy Spirit at work. Afterwards, many members of the congregation came to Kildonan Hall to enjoy some refreshments and find out about the work that is being done by our charitable partners in the Montreal Community and how they might become involved.

Respectfully submitted,
Betty-Jo Christiani
President, The Guild



Charles Lavergne



Charles Lavergne


Charles Lavergne



Charles Lavergne

The Guild: Upcoming Events in 2026

Save the Date!

Join us for some of our upcoming events in 2026!





The Guild is once again pleased to be putting on the Shrove Tuesday Pancake Supper Celebration. Mark your calendars – February 17 is the day! Round up the kids and come to Kildonan Hall for a family night of fun, food and fellowship. The menu is of course, pancakes, with all the trimmings: sausages, bean casseroles, fresh fruit, and even a Mardi Gras cake.

Supper is available from 5:30 p.m. to 7:30 p.m. Reserve your place by calling Edna Ralston at 514-288-9588 or by emailing ednaralston@bell.net. The price is $10 per person or $30 for a family payable in cash at the door.

And as a final bonus, if you are feeling energetic, you are invited to join in a dance with the Scottish Country Dancers! Hope you can take part in this fun family event! Keep your eyes open for reminders in the Sunday bulletin and email newsletters.



You are warmly invited to The Guild's Annual General Meeting and Spring Luncheon, which will take place on Wednesday, May 13 at 12:00 p.m. in Kildonan Hall. Doors will open at 11:30 a.m. if you would like to come early to chat with friends.

A delicious lunch will be served, along with a guest speaker (TBA)! Tickets will be payable at the door. Reservations are a must. Stay tuned to our weekly bulletin and newsletter for more details to come. Everyone is welcome. We look forward to seeing you!

The Fall Fair

A Grand Success!

Well, the reviews are in! The 91st annual Fall Fair of The Guild of The Church of St. Andrew and St. Paul was a resounding success. Notwithstanding a transit strike and frosty weather, our church members and other friends of the Fall Fair braved the day to help us raise $31,300.



In all, we distributed money to 13 organizations – the breadth of social services that we support is quite amazing.



Whether you were looking for your next good read, a vintage handbag, a piece of jewelry, or of course a wonderful plum pudding to serve at Christmas, the Fall Fair provided a one stop shopping opportunity. Over 100 cheerful and dedicated volunteers manned the various booths and tapped into their salesmanship talents. An estimated 500 people streamed through our church doors.



A special thank you to Michael Cristofaro and his kitchen wizards, as well as members of the Choir, for providing us with a wonderful meal on the stage. The Fall Fair is no longer Montreal's best kept secret, thanks to Michael Neil's communication strategy. The ads in various local print publications and on CJAD ensured the Fair was top of mind.

See you next year!

Respectfully submitted,
Eric Bolduc, Audrey Anderson, and Fern Whitehouse
Fall Fair Convenors



A Place at God's Table

Emma Carlson

On Sunday, October 13, 2025, our church hosted a Thanksgiving meal following the worship service. Although fifteen people registered in advance, and we planned for sixty, a staggering 110 people attended! Despite the unexpected turnout, there was enough food for everyone, though the meat from the two graciously donated turkeys disappeared quickly. Guests were able to enjoy seconds if they wished, and we even had leftovers for the Wednesday Bible study and French Conversation Table later that week.



Crowd at our Thanksgiving meal

This Thanksgiving meal proved to be an incredible outreach opportunity and community builder. It created a welcoming space for those who had nowhere to go for the holiday, for those without the means for a traditional meal, and for those seeking to deepen their connection to the church community.

Behind the scenes, a devoted team worked diligently to bring the event together. Dozens of volunteers donated food and generously gave their time and energy. Over three days, we estimate that more than 120 hours of volunteer labor went into preparing and serving the meal – not including the many additional hours spent planning, coordinating, shopping, and cleaning up. This was a tremendous act of collective service, and without the faithfulness and hard work of our volunteers, the meal would not have been possible.



Some of our wonderful volunteers helping make the turkeys

Thanksgiving was not the first time we have hosted such a gathering. Earlier this year, when only thirty people registered for our Easter meal, nearly one hundred people attended. Both meals were originally planned for young adults, many of whom are unable to travel home or have no place to celebrate the holidays.



Some of our volunteers at our Easter meal



Our Easter bread

As Scripture reminds us, there is always room at the table, and these meals have made that truth visible. They have blessed far more people than we ever anticipated.

Had we known the day before the event that 110 people would attend, we might have responded with panic and anxiety, feeling woefully unprepared – much like the disciples when Jesus told them to feed the crowds in Matthew 14. Yet on Sunday, everyone was fed.

A Place at God's Table

Emma Carlson

When we reflect on the joy, fellowship, lively conversations, and generosity shared during these meals, it is easy to sense God at work. When we offer our time, resources, and talents in service, and trust God with the outcome, we are often amazed by what unfolds.



These meals, however, are only possible because of volunteers. Volunteering is a way to partner with God and see where the Almighty leads.

As we look ahead to the coming year, we are prayerfully seeking volunteers to serve as project managers to help coordinate details such as menu planning, shopping, food preparation, decorating, and crowd management. We also welcome volunteers willing to help serve food and assist with cleanup.

In doing so, we live out Jesus' command to Peter in John 21:17 to "feed His sheep." As we discovered here at The Church of St. Andrew and St. Paul, we always have room to welcome more people. Would you consider helping us set another place at God's table?

Respectfully submitted,
Emma Carlson



Waste not, Save $$$

The Green Team





We all know we face an environmental threat. Scientists frown, politicians bluster, activists shout. We shrug – we can't save the world. But we can do a little bit in our church and our homes to improve waste management and save a little money.

As part of our commitment to the smallest possible ecological footprint in all our activities, in church or at home, the Green Team offers guidelines for kitchen waste management based on City of Montreal regulations. Guidelines in your borough or city may be slightly different.

Compost includes all leftover food, cooked or raw. The city cannot process biodegradable or compostable plates and kitchenware sold by some stores so use and wash regular plates and cutlery.

Recyclable waste includes containers (including plastic), packaging, and printed paper. Carton and paper with food stains can go to compost.

Trash is everything else and goes to landfill.

Food Waste: Before shopping, check what's in the fridge and pantry. Prepare a shopping list with the required quantities. Avoid extra quantities just because an item is on sale.

You can cut these Montreal regulations and post them somewhere in your home.

The Green Team hopes this is helpful to you in our shared commitment to a cleaner, better world. Your feedback would be most welcome at greenteam@churchstandrewstpaul.com.

Respectfully submitted,
Keith Randall, The Green Team

Next page: What materials go in compost bins; Example of materials that go in Recycle bins.



Waste not, save $$$

The Green Team

What materials go in Compost bins?	
Raw, cooked or spoiled food Cookies, sweets and desserts Dairy solids (cheese, butter and yogurt) Eggs and shells Fish and bones, seafood and shells Pet food and animal feed Pulses and pulse-based proteins: Tofu, tempeh, textured vegetable protein Spices and herbs Tea and herbal tea leaves or coffee grounds, with the bags or paper filters (no staples) Paper/cardboard packages and containers soiled by food	Containers and packaging of takeaway or frozen food in paper or cardboard soaked in fat or sauce: pizza/chicken boxes, prepared dish boxes, poutine bowls, paper condiment containers Paper bags Paper muffin cups Soiled paper Brown paper, paper towels, Kleenex, paper napkins Newspaper Paper bibs

Example of materials that go in Recycle bins.		
Containers*	**Packaging**	**Printed****
Tin cans Edible oil bottles (olive oil, for instance) Glass wine or spirit bottles Milk or juice cartons (multi-layer containers) Non-hazardous household cleaning products Jars of jam or peanut butter Yogurt containers of all sizes	Aluminum plates and foil Styrofoam meat or fish trays Cardboard boxes Egg cartons Fruit baskets Takeout food packaging Paper bags Packaging bags and film Cardboard toilet paper rolls	Newspapers and circulars Envelopes (even with a window) Sheets of paper (even with staples) Notebooks and magazines Catalogues, telephone directories Most paper and cardboard go into the recycling bins. However, paper and cardboard with food stains must go in the compost bin
*** Out of respect for employees at the sorting centre and to maximize the quality of recyclable materials, please empty and rinse containers and packaging with food remaining inside.** **** At home, check if your borough offers food waste collection.**		

Finding Meaning in the Uncertain World

Yiming Wang

We are told that the Bible is God's revelation to humanity, written by human beings. For me, this collaboration between works of human beings and God places God's words under a veil of uncertainty. If the authors were human beings like me, why are the words they wrote defined as the sacred word of God? After thousands of years of translation and transcription, what kind of eternal and unchanging certainty exists within this book that continues to inspire people, no matter how much the world has changed?

I came to understand Genesis as the origin of all stories depicting the infancy of a nation. Children are always full of imagination and questions, asking "Why is the sky is blue?" "How do plants grow?" and "What made us as human beings?" For the ancient Israelites, Genesis was an encyclopedia, beginning with God's creation of Heaven and Earth, teaching children, step by step, how to know themselves. Our study group felt much like that young and tender child.



With these questions in mind, I joined the Wednesday evening Bible study. This past fall, a diverse group of people gathered in the Iona Room as we slowly worked our way through the Book of Genesis. A remarkably inclusive group, Christians and non-Christians, faithful and curious, spanning ages from late teens to early nineties. People came from different upbringings, cultural backgrounds, and religious perspectives, yet we step into the church week after week, sunshine or rain, trying to find something constant within uncertainty.

Many questions that I once skimmed in my personal reading were brought up during group discussions. When I felt lost in the tangle of Israel's history, a scholar in our group helped me find clarity; when cultural questions surfaced, friends of different faiths gently opened new ways of understanding rituals and meanings. Of course, there were also many questions we could find no answers to. We learned to treat these as mysteries that are allowed to remain unresolved. There is no shame in saying "I don't know" because it is honest.

Finding Meaning in the Uncertain World

Yiming Wang

In the twenty-first century, when questions are expected to have answers, when we already know the sky is blue because of the scattering of sunlight, and plants grow through photosynthesis, the acceptance of unanswered questions becomes especially precious. Each week, we gathered to read the old story. As observers, we watch how history finds rhyming echoes in our present world; as participants, we tried our best practice understanding the word of God.

Bible reading contains an inherent asymmetry of authority: God is situated in an absolutely central position. Even when we actively read the text, we are still passively receiving words given to humanity by God. The universality of the Bible lies in the fact that anyone can read it; its paradox lies in the fact that it can never be fully understood. The relationship between God and humanity carries the same enduring tension. God's love for humanity is universal, yet the process of understanding that love is waiting for us to navigate ourselves. Genesis tells the story of how God reaches out first to his people, and how courageous people, given of the uncertainty, accept His gift and draw closer to Him.

We will continue with God's guidance to explore the meaning of life through the everlasting hope conveyed in the Bible. After this seventeen-week study, I walk away convinced that the Bible holds ancient truths preserved for us by previous. For me, it is okay to be uncertain about the historicity of Noah's boat or Jacob's wrestling match with the angel. It is enough, as Rev. Susan shared (quoting G. K. Chesterton): *Fairy tales do not tell us that dragons exist in the world, but that dragons can be defeated.*

Respectfully submitted,
Yiming Wang



Aging and Making the Journey Worthwhile

Ghassan El Koreh

In a figurative sense, let us assume that with each passing year, your wings grow larger. As a result, the likelihood of flying becomes greater and you will soon discover that you can fly and rise. But once you have soared up and ascended, you start to realize that some things below that you originally thought to be essential and of big importance such as power, authority, dominance, hostility, egoism, resentment, hatred, struggle, etc., were actually rather pretty small and irrelevant. Additionally, you will apprehend that not every battle is worthwhile and perhaps you will even come to the conclusion that certain fights are honourable to lose. “Avoiding a fight is a mark of honor; only fools insist on quarreling.” *Proverbs 20:3*. The majority of these things that you once saw or sought after now seem so negligeable and unimportant. The Swedish actress Ingrid Bergman characterized that outcome as “Getting old is like climbing a mountain, you get a little out of breath, but the view is much better.”

Aging, or senescence as described by life science, is the process of growing older and sometimes maturing. This journey, while deeply personal, offers reflective benefits that can improve our well-being and reintroduce our spirits. For some, it is about seeing the bigger picture and finding meaning and purpose of life. For others, it is about nurturing the spirit to become aware of the treasure of love and hope that God has placed in their heart “for in this hope, we were saved” *Romans 8:24.* Nonetheless, there is a shared desire in the real world to stop or temporarily reverse the aging process, which is supported by a 60 billion US dollar industry in products and advertisements to assist you get rid of facial wrinkles and/or other signs of aging. This isn't the case for everyone, though, as some people are content with the look God has given them because we are “fearfully and wonderfully made.” *Psalm 139:14*, and because with aging comes life experience and wisdom “a gray head is a crown of glory” *Proverbs 16:31,* as well as continued growth and development “but grow in the grace and knowledge of our Lord and Savior Jesus Christ” *2 Peter 3:18.* Yet, the Bible does not minimize the difficulties associated with aging and portray them as the “days of trouble” *Ecclesiastes 12:1.*

Furthermore, aging contributes to reframe our existence at a sacred stage of life rather than a decline. It encourages contemplation and a profound appreciation of the beauty of the present rather than worrying about the past or the future. It helps us see that genuine moments and friendly relationships are more important than conflict or rivalry. It assists us to appreciate the tiny things that make us happy and comfortable. It promotes to us the challenges, opportunities, and lessons for growth even though some lessons were difficult and others were instructional. As a result, we begin to achieve equilibrium, recognize the value of peace, and gravitate toward it. We also learn how valuable life is and that it cannot be replicated.



Let us cherish the journey that defines who we are as we travel through life and value the knowledge, relationships, and developments that come with growing older. Let us also keep in mind that our humility, integrity, kindness, contribution to our community, and how we treat others will create a lasting legacy that defines who we are and how we will be remembered.

Respectfully submitted,
Ghassan El Koreh

October Lunch and Learn with Rev. Dr. Richard Topping

The Ministry Committee



The Rev. Dr. Richard Topping returned to The Church of St. Andrew and St. Paul on Sunday, October 19, 2025. It was a joyous return. Former minister of the church from 1997-2009, Rev. Dr. Topping is presently President and Vice Chancellor of the Vancouver School of Theology. The congregation, and especially the Rev. Dr. Chestnutt, gave Richard a warm welcome for which he expressed gratitude.

Rev. Dr. Topping served the church well that fall Sunday, first preaching, and then skillfully entertaining church folk in Kildonan Hall at a well-attended Lunch and Learn. Lunch was graciously prepared by Clerk of Session, Michael Cristofaro.

"Scripture: Play and Possibility", Rev. Topping's sermon, was skillfully written and skillfully delivered. He offered "to make reading Holy Scripture a playful place, rich with possibility" and contended that "once the Word is preached, God Commandeers the Word for God's purpose", with that thought followed by "Scripture, Holy Scripture, has its natural habitat in the midst of the gathered people of God." He continued in the same vein when he said that "...scripture is at home in church; it reverberates from there to commandeer and transform lives for service to God. We respond to the Word, and it reverberates to the world." He went on to say that "in the Reformed tradition, and others too, there is a prayer just before the reading of scripture called the prayer for illumination. It is at that moment that the church confesses its need for God. We invoke the Holy Spirit, call on the Spirit to be our teacher, so that we won't resist the Gospel but hear it and believe it and serve it together in the world. We don't hear God so that we can use God to get what we want. God uses scripture to get what God wants from us."

One of the highlights of Rev. Dr. Topping's message came midway through his address. It was delivered with grace and sincerity. He said, "We need God's help to hear God speak and direct us... maybe that has happened to you – at church. You heard your name called, and suddenly new possibility is afoot. Or sometimes a word you hear sits there. And like a time-bomb it goes off at another time. Oh, the importance of Sunday School. It is like Christian Education stoked your imagination with all kinds of stories... and then, in the good timing of the good God, a Word is reignited and there is fire and burning in your heart and life."

Rev. Dr. Topping's address indeed focused, as advertised, on engagement with scripture – with how its promises and prospects require a spirit of play and possibility born of the Holy Spirit. Thank you, Rev. Dr. Topping, for sharing your gifts with us.

Respectfully submitted,
The Ministry Committee
The Church of St. Andrew and St. Paul





An addition to our Mount Royal plot…

Susan Stevenson

Over the years there has been a steady flow of articles about the burial plot owned by The Church of St. Andrew and St. Paul in Mount Royal Cemetery. Here comes another one!

During the research for the history of our church, written by J.S.S. Armour, it was discovered that, separately, St. Andrew's Church had a burial plot. So too did St. Paul's Church. It was only when the research was being uncovered that they were discovered to be side-by-side! It was suggested that perhaps it was now time for the two lots to be joined, and monuments added so that people buried there from both churches would be acknowledged. In addition, there would be a good space for a monument for The Church of St. Andrew and St. Paul. Then it was further discovered that, by joining the plots, there were some 400 spaces available for burying cremated remains.

A small group of Elders approached the Board of the church at the time and asked that they advance funds so that these headstones could be purchased and put in place. The request was not approved. So the Elders decided that they would become sales staff for these plots available for cremated remains. A legal process was designed with a $500 charge for the use of the space, and the right to have names added to the A&P headstone. The money was successfully raised for the monuments – as well as providing a final resting place for members of the church who chose to be buried there. The process is still in place and spaces are still available – at the same cost as originally planned!

If you visit the site, and if you have been in the church for some time, you will recognise some of the names on the A&P headstone. The plot is in the very lovely historic section of the cemetery. I happened to say to our Session Clerk that, over the years, Dr. Armour had mentioned that he thought that a bench would be a lovely addition to the site. Our amazing Michael Cristofaro said he could provide such a bench. The project was approved by Session, by the Board, and by the Cemetery. Costs associated with the placement of the bench were covered by Session members. It was agreed that the bench should have a meaningful inscription, for it was placed there shortly after Dr. Armour died. "In appreciation of J.S.S. Armour, who served as Minister of The Church of St. Andrew and St. Paul from 1983-1998".

And so there it is… the photo, taken this Fall, shows the bench in place. It is independent of any burial plots and shaded by a beautiful tree. Worth a visit if you, like the author, take pleasure in visiting the Mount Royal Cemetery.

Respectfully submitted,
Susan Stevenson



Movie Première:
The Forever Young Centenarian 1921-2021

Donna George

On Remembrance Sunday, November 9, 2025, the Heritage Committee and Keeping Watch Productions premièred a new 30-minute documentary on the Black Watch window to a packed Kildonan Hall.

The movie was dedicated to the late J.S.S. Armour who had championed the project. In attendance were his daughter, Jenny, and son David, accompanied by his wife Manon. The Hon. Lt. Col. Jonathan Birks of the Black Watch (RHR) of Canada was also present.

A beautiful exhibition case of First World War artefacts, carefully curated by Ada Chan, Heritage Lead of the Canadian Centre for the Great War, was set up on Saturday. She was ably assisted by Sam Lirette and Massimo Di Silvestro. Each item related to food – a rugged canteen contrasted to a delicate sterling silver tea service once owned by an officer of the 73rd battalion.

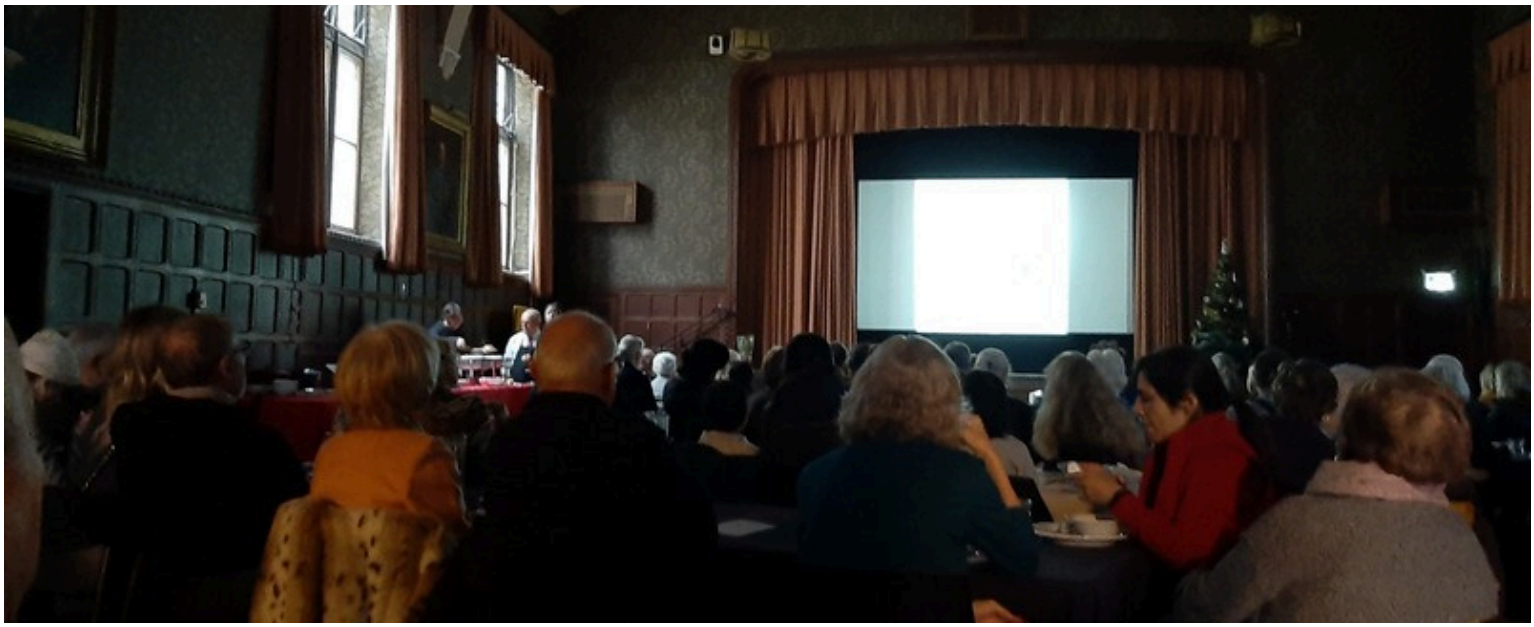
The promised "Soldiers' rations" turned out to be a delicious lunch prepared by Michael Cristofaro, featuring food that a Quebec family might have cooked during World War One. For example, while sugar was rationed, Pudding Chaumeur was sweetened with maple syrup – yum!





Movie Première:
The Forever Young Centenarian 1921-2021

Donna George

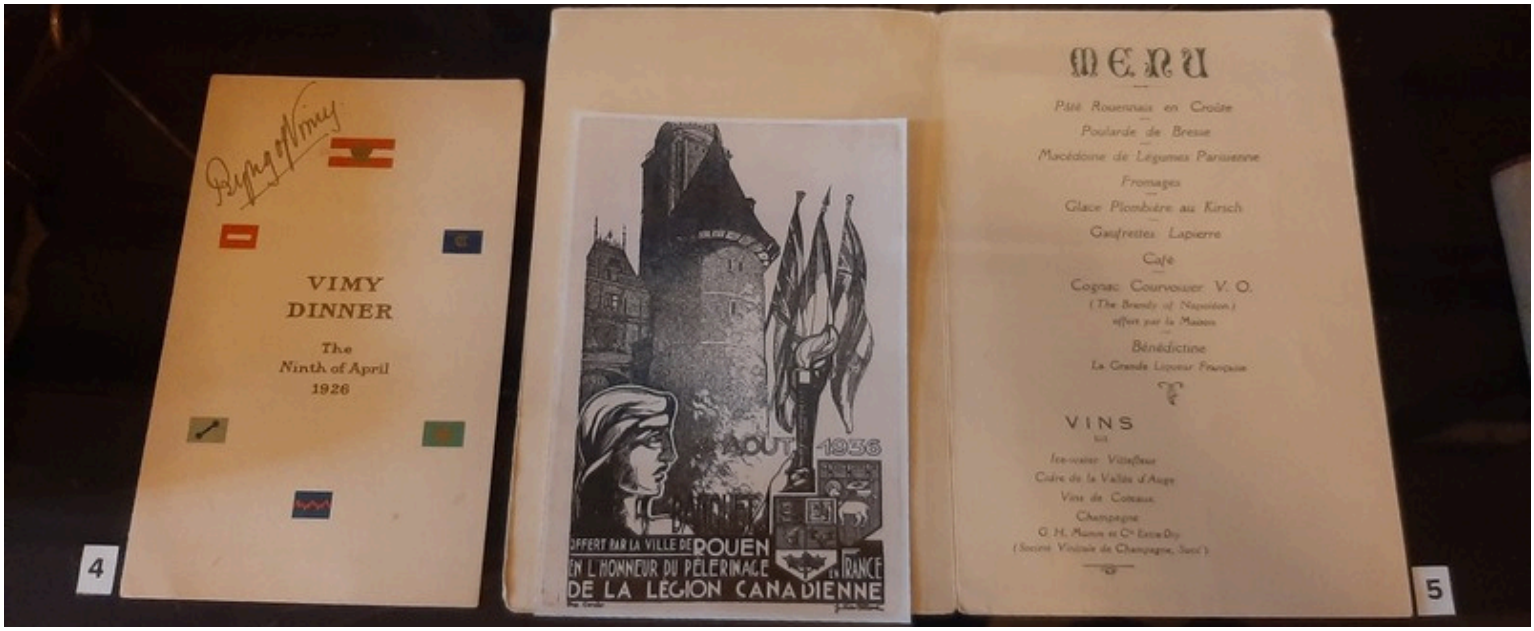


After greetings by The Rev. Dr. Glenn Chestnutt and introductory remarks by Hon. Col. Bruce Bolton, Alasdair Campbell read “In Flanders Fields” in honour of John McCrae who attended our church and whose name is on one of our Great War plaques in the Memorial Tower. Donna and Michael George’s slide presentation underscored the enormous contribution of Montreal to the war effort. And then the documentary was shown to a hushed audience.

The movie was narrated by our own Alasdair Cambell, with an original soundtrack featuring six “Highlanders” from the choir, Stratsimir Dimitrov on piano, Jonas Apeland (our former organist) at the organ, Gabriel Harris playing the Lament, and the Black Watch pipes and drums. The incomparable Stratsimir Dimitrov was the recording engineer, the sound engineer, and the post-production “team”.

The movie was followed by a rousing Soldiers’ singalong version of Mademoiselle from Armentières, led by Alasdair Campbell, Michiel Schrey, and Ragnar Palsson. Michael Cristofaro thanked all who had contributed to this wonderful project. A happy humming audience left Kildonan Hall after a final prayer of thanks by The Rev. Susan Brasier.

Respectfully submitted,
Donna George



Presbyterian Church in Canada – Governance

Judy Mowat

Over the past year or two, we have welcomed more than 60 new members to our congregation. We are delighted that they have chosen to make this church their church home, but as many do not come from a Presbyterian background, it may be helpful to review how the Presbyterian Church is governed. Existing members may also find an update helpful! Some of this information has been taken from the website of The Presbyterian Church in Canada.

The word "Presbyterian" comes from a Greek word "presbuteros" meaning "elder", indicating that the church is governed by Elders, which includes the ministers and members of the congregation, who have been nominated and elected by the congregation. The only legal qualification is that the person nominated should be a communicant member of the congregation. Once elected, elders are ordained for life. At the present time, we have 42 active elders: 18 men and 24 women.

The Presbyterian Church in Canada has four levels of courts (or committees) starting with the Sessions of the individual congregations, then moving up through Presbyteries and Synods to General Assembly. The Minister is the Moderator or Chairman of the Session, and one of the elders, presently Michael Cristofaro in our church, acts as Clerk of Session. Session provides for the overall ministry of the congregation and is a "closed court" which means that only members of Session may attend its meetings.

The next level is Presbytery which is composed of ministers and elders from each congregation within a given geographical area; the Presbytery of Montreal includes 33 churches which work together on various projects. The ministers and the Session are under the authority of Presbytery; in particular, Presbytery approves a Call to a minister and inducts them. Presbytery must also be consulted if a congregation wishes to sell or mortgage any of its property.

Groups of Presbyteries form a Synod. Synods have a much lesser role to play and usually only meets once a year. The Presbytery of Montreal is part of the Synod of Quebec and Eastern Ontario; its main function is the oversight of church camps.

The fourth and highest court is General Assembly, which meets annually during the first full week of June. Delegates are comprised of an equal number of ministers and elders, and a Moderator is elected who remains in office for one year. It considers matters relating to the whole denomination presented to it from a variety of sources; decisions may require study over a number of years. General Assembly is the final court of appeal in matters of policy, doctrine, and discipline.

For further information on the Governance of The Presbyterian Church in Canada, please visit the website of The Presbyterian Church in Canada, click on "Who We Are" and scroll down to "Courts of the Church".

Respectfully submitted,
Judy Mowat

Shining Outward

Charles Lavergne

We admire our stained-glass windows from within, where light falls inward. As dusk approaches, they turn outwards like lanterns for the world beyond. When the sun begins to set, golden rays pierce the glass and spill across the sanctuary, illuminating the far windows. In the Quiet Garden, they come alive, a fleeting miracle: the church shining outward.

Respectfully submitted,
Charles Lavergne







Photography by Charles Lavergne

Equitas

The Mission and Outreach Committee & The Ministry Committee

On September 18, 2025, the Ministry Committee, in conjunction with the Mission and Outreach Committee, hosted a Lunch and Learn for the congregation following the service of worship. Our lunch was graciously provided by Clerk of Session Michael Cristofaro.

We welcomed two special guests: Odette McCarthy, Executive Director of Equitas, a Montreal-based human rights training organization whose Head Office is located at 666 Sherbrooke Street West, not far from our beloved church; joining Odette that afternoon was our very own Candace Blake-Amarante, the Knowledge Manager at Equitas.

Equitas is Canada's oldest and most active human rights education organization for the advancement of equality, social justice, and respect for human dignity through transformative education programs. For more than 57 years, Equitas' vast network of 6,000 community leaders in 140 countries has contributed significantly to our world by protecting human rights in contexts marked by instability and crisis: in Algeria, Burkina Faso, Haiti, Egypt, Senegal, Sri Lanka, Tanzania, and Myanmar among others.



Equitas was founded in 1967 by a group of eminent Canadian scholars and social activists, which includes John Humphrey, the co-drafter of the Universal Declaration of Human Rights, the women's rights activist Therese Casgrain, and Dr. Gustave Gingras, an ambassador for persons with disabilities.

Equitas provides knowledge, skills, and tools to support the empowerment of groups that are subject to discrimination, exclusion and the other forms of human rights violations, particularly women, children and youth.

"For unto whomsoever much is given, of him shall be much required." *Luke 12:48*

Respectfully submitted,
The Mission and Outreach Committee
The Ministry Committee

INSURING the Future of Our Church

Donald Walcot

We all want our church to be around long into the future. To do so, it needs a strong congregation, vibrant leadership, a well-maintained sanctuary, and sufficient financial resources to keep it all going. Financial resources can include donations of cash and/or shares given by you and me.

But there is another way of donating you may not have thought of – life insurance. Using a life insurance policy, and designating our church as the owner or beneficiary, is in fact a very smart way to financially support it.

This can be done by: 1) naming the church as a beneficiary of an existing policy; 2) purchasing a new policy with the church as one of the beneficiaries; or 3) transferring the ownership of a new or existing policy to the church.

As well as benefitting the church, using an insurance policy can provide you or your estate with significant income tax savings. If you name the church as the beneficiary of an existing or new policy, the church will receive the proceeds of the policy upon your death, and your estate will receive a charitable gift receipt equal to the proceeds. Alternatively, by transferring the ownership of a new or existing policy to the church, you will receive an immediate donation receipt for a portion of the policy's cash surrender value and for any annual premiums you continue to pay.

What are the other advantages of a gift of life insurance?

You can make a major charitable gift for a surprisingly affordable outlay of funds. The younger you are, the less it costs to make a sizeable future donation. It doesn't cost much to add the church as a beneficiary, providing resources to your heirs AND offsetting taxes at the time of your death. Also, unlike a bequest or gift in your will, when funds from a life insurance policy are transferred to the church, it is immediate and is not included in the assets of your estate, which keeps the estate's probate fees, where applicable, lower.

Finally, it is entirely confidential – no one has to know about the donation until after your death – and not even then if you want to be anonymous.

The great thing is that this is not a weird but rather wonderful tax dodge. It is a very common financial transaction that is encouraged by the tax laws of our country – your financial adviser or insurance broker can very easily arrange to do the necessary paperwork to make it happen.

Using life insurance is definitely a very worthwhile and practical idea to consider, especially when you are doing your will and/or estate planning.

In essence, you or your estate gets the tax relief; the church benefits significantly; and our larger community continues to be served by the Christian community for long into the future.

Respectfully submitted,
Donald Walcot

Make a sandwich! Make 650!

Bread and Beyond



A new arrival in our church programming is a big adventure entitled "Bread and Beyond". Bread and Beyond (B&B) began not so long ago when a lady living in Montreal, Kirstie Jagoe, decided that she needed to do something to help folks during the pandemic who were homeless and living on the streets of Montreal. She told her children that she desired to make either chili or sandwiches for distribution to the homeless community. As the story goes, her children said her sandwiches were better than her chili. Now in all sorts of unexpected places in Montreal, volunteer teams gather daily to make thousands of fresh sandwiches for the homeless.

This amazing B&B initiative came to the attention of some very thoughtful folk in our congregation. If others could do it, why couldn't we at The Church of St. Andrew and St. Paul? Last spring the A&P B&B volunteer team came together, and after initial training from the B&B staff, a sandwich-making initiative began in April of 2025.

There is no culinary experience required to join the A&P B&B sandwich-making team. New team members are given a brief orientation and paired with a seasoned volunteer.

All of the ingredients are purchased and transported to A&P by church volunteers. Participating in each sandwich-making event are eight to ten volunteers making the sandwiches, four volunteers packaging them in paper bags, two to three volunteers placing date labels on the sandwiches, and three volunteers packing the sandwiches for delivery. There are also several "runners" who move the food from the kitchen to the sandwich makers.

A typical session begins as follows: A&P B&B sandwich making sessions open with a prayer focused on the sandwich recipients, who live a difficult daily existence in shelters and on the streets.

The sandwiches are then crafted. The team uses a simple recipe for making delicious fresh sandwiches that was provided by the B&B organization. All ingredients are of the highest quality: two slices of premium whole wheat bread, a slice of marble cheddar cheese, slice of ham, and a hearty smear of mayo/mustard.

Runners collect the completed sandwiches and deliver them to the packing table. They are carefully placed in paper bags (time permitting the bags are decorated with drawings of hearts, pastoral scenes, words of love and encouragement). The sandwich bags are then sealed, dated, and then packed in the plastic bags left over from the original loaves of bread. Nothing is wasted! The activity in Kildonan hall is remarkable!

B&B staff members collect the sandwiches from A&P, transporting them to homeless shelters throughout Montreal for distribution.

The A&P B&B sandwich making sessions require many volunteers. During 2025, over 72 volunteers participated in seventeen A&P B&B sandwich making sessions. The A&P B&B team produced over 5,650 sandwiches in 2025! Monthly sandwich making sessions are scheduled from 10:00 a.m. to 12:00 p.m. in Kildonan Hall (consult the weekly A&P church calendar/bulletin for the currently scheduled dates).



On January 21, February 11, and March 11, 2026, "Super Sandwich Making" sessions have been scheduled. Many in our congregation who participated in 2025 are looking forward to returning to this sandwich-making initiative. Many new folks have come forward as well to be a part of this community endeavour!

Come and join in!

Respectfully submitted,
Susan Stevenson

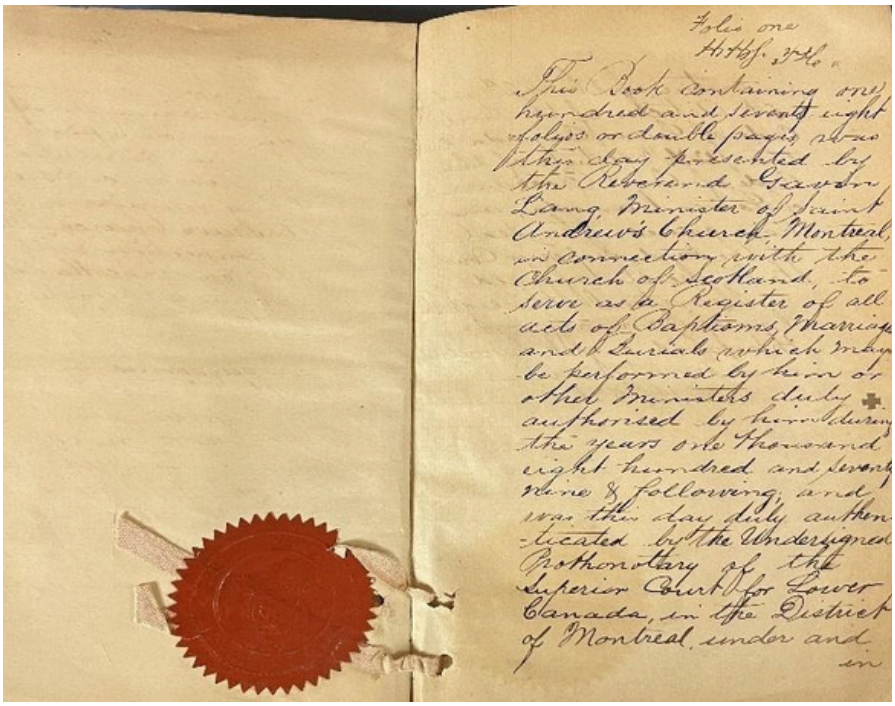
A few words from the Archives

Margaret Suttie

Our Heritage is clearly visible in all parts of the church – we can see it in the beautiful windows and in the many memorial plaques, for example.

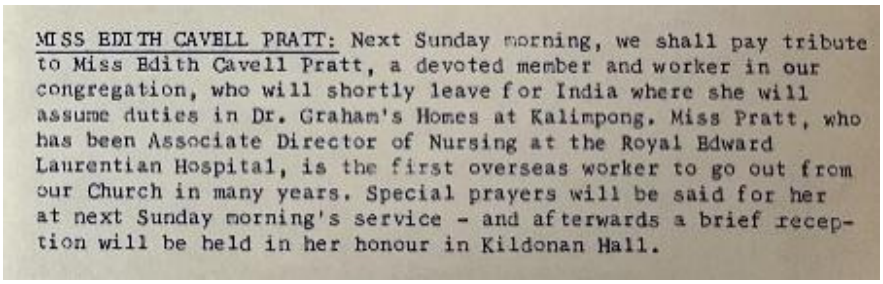
What's not so visible are the many records, letters, minute books, accounts, and photographs housed downstairs in the archives.

"This Book containing three hundred folios, was this day presented by the Reverend James Edgar Hill, M.A.B.D., Minister of Saint Andrew's Church at Montreal, in connection with the Church of Scotland, to serve as a Register for all acts of Baptisms, Marriages & Burials, which may be performed by him or other duly authorized minister of the said Church, during the years one thousand eight hundred & ninety two & following years & was this day duly authenticated by the undersigned Deputy Prothonotary of the Superior Court for Lower Canada, in the District of Montreal, according to the law & he has caused the seal of the said Court to be hereto affixed Montreal 23rd December 1891"



Order of Service January 4th, 1959

Miss Edith Cavell Pratt: Next Sunday morning, we shall pay tribute to Miss Edith Cavell Pratt, a devoted member and worker in our congregation, who will shortly leave for India where she will assume duties in Dr. Graham's Homes in Kalimpong. Miss Pratt, who has been Associate Director of Nursing at the Royal Edward Laurentian Hospital, is the first overseas worker to go out from our Church in many years, Special prayers will be said for her at next Sunday morning's service – and afterwards a brief reception will be held in her honour in Kildonan Hall (also in The Gazette, 10 January 1959).

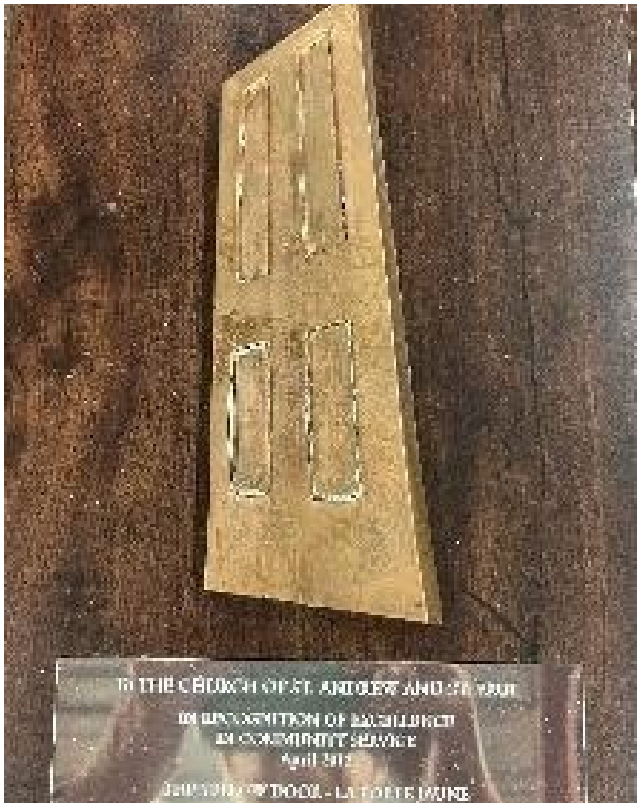

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Edith Cavell Pratt 1918 – 1975
(Studio Geraldine Carpenter)

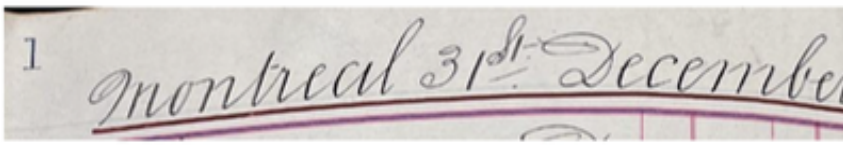
A few words from the Archives

Margaret Suttie



TO THE CHURCH OF ST. ANDREW & ST. PAUL
IN RECOGNITION OF EXCELLENCE
IN COMMUNITY SERVICE
APRIL 2022

THE YELLOW DOOR – LA PORTE JAUNE



Cursive writing à la 1894

(Ledger St. Paul's 1894-1932)

How do we shape up in 2026?

This special place was inaugurated on September 7, 2003. These precious items not only reflect the history of the church but also the nature of those who attended the church and our links to the community over the years.

Respectfully submitted,
Margaret Suttie

Groupe Harmonie

Groupe Harmonie is a non-profit community organization located in the Peter-McGill neighbourhood that has been deeply committed to supporting people aged 55 and over since 1983. It is divided into three services: addiction intervention, which supports older adults experiencing difficulties related to the use of psychoactive substances; supportive community living in social housing (SCLS); and community outreach initiatives for seniors in vulnerable situations (ITMAV).



Groupe Harmonie is committed to supporting as many people aged 55 and over as possible who wish to take steps to overcome their difficulties. Support is therefore offered according to each person's specific needs, whether the goal is to reduce social isolation, modify substance use, or access various resources and referrals to other organizations. All services are delivered with kindness and respect for each person's pace, using a humanistic, harm-reduction, and outreach-based approach. Addiction counsellors may meet seniors directly in their living environments in order to adapt to their reality. Our services consider the various challenges associated with aging, such as retirement, bereavement, relocation, ageism, and social isolation.

Addiction intervention is characterized by individual meetings, awareness-raising workshops, and peer support groups. Groupe Harmonie supports older adults who wish to change their substance use according to their personal goals. The workshops are accessible in different living environments that are conducive to meeting seniors. During these workshops, general topics related to substance use and aging are presented. Open discussions are encouraged to promote active participation. The support groups also provide spaces that foster exchange and peer support. They are facilitated by one or two counsellors who create a non-judgmental environment in which each member can share their experience.

Groupe Harmonie

By maintaining a presence in two public housing buildings (HLM) and one private retirement home (RPA) in the Peter-McGill neighbourhood, supportive community living in social housing (SCLS) counsellors offer listening support and referrals to residents. These interventions help residents maintain housing stability, reduce social isolation, and develop a sense of belonging within their living environment through friendly community activities.





The community outreach initiatives for seniors in vulnerable situations (ITMAV) at Groupe Harmonie make it possible to identify older adults in difficulty within the neighbourhood, support them in accessing appropriate services, reduce isolation, and strengthen their sense of empowerment by encouraging autonomy. ITMAV counsellors promote active participation in the community and social inclusion. Individuals supported through this program may also be referred to Groupe Harmonie's addiction intervention services.

To access Groupe Harmonie's services, whether for addiction support or to request a workshop, simply call (514) 939-2640 and leave a message, or send an email to info@groupeharmonie.org. We look forward to collaborating with you!

St. Andrew's Presbyterian Homes Foundation - Caring in Action

Tracy Petzke

Founded on a strong heritage of Presbyterian values and community support, the St. Andrew's Presbyterian Homes Foundation operates two distinct programs whose shared goal is to enrich the care, well-being, dignity and independence of seniors in the Montreal area.

Proudly rooted in its history of the construction and founding of the St. Andrew's Home on Cavendish Blvd. in NDG over 60 years ago, the Foundation continues to provide important support to the now publicly operated long-term care residence. The St. Andrew's Home Program funds music therapy, dance-movement therapy, massage therapy, adapted exercise, Dr. Clown visits as well as an oral hygiene clinic to residents of the home. We also make significant contributions to the recreation department, as well as providing resident and staff support.

Our Senior Support Program (SSP) aims to enrich the quality of life of Presbyterian seniors who remain in their own homes by connecting them with a wide variety of





ST. ANDREW'S PRESBYTERIAN HOMES FOUNDATION

public, community and private resources. From guidance in establishing a healthy plan for aging, to coordinating care, providing support to caregivers and accompaniment to medical appointments, our support is tailor-made to the individual and their needs.

Frequent and regular contact with our senior friends grants us not only the pleasure of getting to know them, but also the opportunity to assess their varying needs and how we can best support them. In addition to the direct support of our SSP team, we continue to fund a series of private functional fitness sessions to safeguard strength and mobility. We are also providing supplementary private home care to individuals who were not granted or who are waiting to receive services from the public health and social services system. With current challenges in obtaining prompt adequate home-care services from the public system, this is an important and quickly growing need.

We invite you to reach out to us anytime to learn more about our programs, how we can help you or to refer a friend who may benefit from our services. We receive many calls from individuals just seeking information about the public health system and what services are available. We welcome all types of calls and handle each interaction with confidentiality and caring.

We would also like to take this opportunity to thank all of our supporters, including The Church of St. Andrew and St. Paul. All donations are impactful and help us continue to support Seniors in the Montreal-area. Donations may be made in honour or in memory of a loved one, and may be mailed or done online with credit card or PayPal. Should you wish to learn more about other ways to give, please contact us and we will be happy to guide you.

Respectfully submitted,
Tracy Petzke, Executive Director, St. Andrew's Presbyterian Homes Foundation

514-916-7626 standrewspresbyterianhomes@gmail.com

Prayer of Heart and Body

Lucinda Lyman



On Saturday morning, November 22, 2025, eighteen members of the congregation gathered in Kildonan Hall to explore how the practice of yoga could become an important part of the prayer life of Christians. This was an event planned by the Ministry Committee. The workshop was led by long time yoga practitioner and teacher, Ruling Elder Lucinda Lyman. The session was attended by a wonderful group of participants aged from eighteen to over eighty!

Yoga's origins trace back over 5000 years to ancient India. It was not designed to be specific to any religion, but rather a framework or guideline to direct people towards greater spiritual growth and physical health. The type of yoga that traveled west, for the most part, is known as Hatha Yoga, a series of exercises combined with proper breathing that help to keep us fit, to reduce stress and to relax! At the same time, many of the poses are naturally worshipful. The movements and the focus on the breath can lead the body and mind towards prayer. They can actually become prayer.

During the class, we explored how yoga could help us deepen our faith journey by preparing ourselves physically and mentally for prayer. We did that by exploring simple ways to let go of stress from our bodies, as well as how to release the distractions that so often plague us by using breathing to quiet the mind. Simply said, we prepared the body and the mind to be still, to listen, to be in the present moment - because that is where God is.

"Be Still and Know that I am God" *Psalm 46*

It was a joyful experience to be together with the common desire of deepening our relationship with God in Christ Jesus.

"For in Him we live and move and have our being." *Acts 17:28*

Respectfully submitted,
Lucinda Lyman

Sandy's Retirement

Miranda Huybers

On Thursday, December 4, 2025, our church's staff celebrated the retirement of our beloved Office Manager & Accountant, Sandy Steadman.

Sandy joined our church staff in 2018, seeing to the church office operations, general administration, and accounting in her role. She has also been the heart of our church office, and everyone stopping by the church knew they could come and chat to her about anything.

Our staff celebrated Sandy in the foyer outside Kildonan Hall, which was beautifully decorated by Peter and catered by our own team. Also in attendance was Sandy's husband, Tim, her daughters, Morgan, Amanda, and Madison, son-in-law Mathieu, and our church's former Administrative Assistant, Sue Knell.

The celebration not only included food, wine, and a delicious lasagna made by Michael Cristofaro, but also the most beautiful office-themed retirement cake! Thanks to Sharon Dworzak for the cake, specially made by Alexandra Topley of A Piece of Cake, Montreal.

The night consisted of great music (thanks to Sandy's daughters for the playlist), heartfelt speeches, a few tears, and "Sandy's Retirement Party Trivia", complete with four themes: "All about Sandy", "All about Sandy's job", "The Church of St. Andrew and St. Paul", and "1964".





While all four Trivia teams showed a great effort, only one reigned victorious: Amanda, Mathieu, Jason, Stratsi, and Edna.

Do you think you have what it takes to answer some of our A&P-themed trivia questions? Check out the next page for some of our favourites.

All in all, we were glad that we could organize such a great send-off for Sandy, who has offered not only her generous help to the congregation, but also great support, friendship, and love to our staff throughout our years of working together. We are sad to see her go but happy that she has such a fun and relaxing retirement ahead of her. We know that she will never be far, and that she will always continue to be a part of our A&P community in one way or another.

Respectfully submitted,
Miranda Huybers,
Office Manager & Communications Coordinator

Sandy's Retirement Party Trivia

Miranda Huybers

1. Every Monday morning, Sandy and Edna process Sunday's donations together. What is the name of the software that Sandy enters the donation information into?

2. What is our staff's favourite place to grab lunch near the church?

3. The Church of St. Andrew and St. Paul is renowned for its stained glass windows. How many Clerestory glass windows are there in its sanctuary?

4. The Guild of The Church of St. Andrew and St. Paul supports over a dozen local charities every year, giving annual donations with proceeds from the Fall Fair. How many of these charities can you name?

5. The church's organ was built in 1932 and is the largest in Montreal with 7000 organ pipes. What is the full name of the famous company that built the organ?

6. Our church began partnering with Bread & Beyond this year to make sandwiches for the hungry. What are all of the ingredients that go on a Bread & Beyond sandwich?

7. Name the architectural style that the church was built in.

8. On the first Saturday of every November, our church holds our annual Fall Fair. Name as many booths at the annual Fall Fair as you can.







ANSWER KEY

1: ChurchWatch

2: Al Taib Pizza

3: Ten

4: Prospect-Belvedere Services, Chambreclerc, Auberge Madeleine, Auberge Transition, Maison Flora Tristan, Generations Foundation, L'Abri en Ville, Elizabeth House, Alima (Montreal Diet Dispensary), St. Andrew's Homes Foundation Senior Support Programme, Montreal Children's Library, St. Andrew's Residential Centre, St. Raphael Palliative Care Centre, Le Depot food bank, The Open Door, Montreal Centre for Learning Disabilities

5: Casavant Frères

6: Ham, cheese, mayo, and mustard

7: Gothic Revival

8: Twelve in total – Christmas, Jams & Preserves, Baked Goods, Plum Puddings, Jewellery, Children's, Linens & Lace, Asian Delights, Trifles, Treasures, Books, and Information/Donations

Church School & Youth Group

Sharon Dworzak, Director of Church School & Youth Group Programs

The “busyness” of the Christian Education Department does not slow down, as we enjoy our Sunday classes and Youth Group meetings, along with special activities and community service projects.

Since our last *InsideOut* edition, our children and youth have been devoting their time to **“Learning, Loving and Sharing”**, our theme for the 2025-2026 curriculum year. What a pleasure to work with these children and young people as they grow in each area. **“Learning”** about faith and devotion to our Lord, through a solid based Christian curriculum, **“Loving”** others and themselves, through Bible lessons and interaction with caring role models in our Church School, Youth Group, and congregation, and **“Sharing”** their gifts with the church, local community and worldwide community, through knowledge of the needs of others, and providing opportunities and activities for them to share their gifts. It is exciting and gratifying to witness their growth in all three areas.

Mother’s Day was a great opportunity to live out our **“Loving and Sharing”** themes, beginning with a delicious breakfast prepared by Iain Lamont and served by our youth. We were also entertained with some delightful music and poetry, presented by some of our young people during the breakfast.

During the service, the children sang a beautiful song for the mothers, conducted by our Youth Choir Director, Penni Clarke, followed by handing out carnations to the “special women” who had made an impact on their lives. A number of our young people also ushered with their moms.


Charles Lavergne


Charles Lavergne


Charles Lavergne


Charles Lavergne


Charles Lavergne

Church School & Youth Group

Sharon Dworzak, Director of Church School & Youth Group Programs

Many in the congregation have not had the opportunity to meet with our Church School team, so we decided to host **Coffee and Fellowship** in June, to introduce a number of our dedicated teachers – some who have worked alongside our children over many years, and also a way to honour their dedication.

Also in June, our Youth Group fulfilled all three of the themes, through their participation in the **Canadian Cancer Relay**, which they have participated in for many years, raising funds for cancer research. The team dedicated the walk to their heroes, Art Dworzak and Wylma Cobb – most definitely a very touching and moving Relay this year. A very loving thank you to the congregation, who continue to support our young people in this annual event. God bless you all.

We completed the 2024-2025 Curriculum year with our **"Church School Celebration and Honouring Fathers Sunday"**. Once again, our young people lived out **"Love"** and **"Sharing"**, through ushering with their dads, as well as helping with the setup and serving of a delicious buffet in the Quiet Garden. A lovely way to complete our curriculum year and welcome in summer.

As we looked towards the coming summer months, and **VBS** ahead, the Youth Group took the opportunity to give a short and welcoming presentation about VBS during this Honouring Fathers service.





Charles Lavergne



Charles Lavergne

Church School & Youth Group

Sharon Dworzak, Director of Church School & Youth Group Programs

Our VBS Program has developed and grown very popular over the years, even surviving Covid with a zoom version over two summers! VBS 2025 was another such success!

There are so many people to thank, who helped make VBS possible in 2025. I would first like to take this opportunity to thank everyone in the congregation and on the various committees, for your understanding and patience over the two weeks when VBS literally “takes over” the church. I realize that it may be an inconvenience for the ten days of the year that VBS is in action, but I am so appreciative that so many of you understand its value, and most importantly the safety of our children.

Having 60+ children and 24+ counsellors takes up space, and we use every space available to us! This includes the Iona Room, the Session Room, Kildonan Hall, both kitchens, the Quiet Garden, my office, and the circular drive for “Water Days” and other fun activities.















Church School & Youth Group

Sharon Dworzak, Director of Church School & Youth Group Programs







The 2025 VBS Curriculum was **“Road Trip – On the Go With God”**, a daily adventure when the kids embarked on a journey with God through the Bible, learning that God is always with them. It was a wonderful journey of faith, friendship and unforgettable memories. This year we added “Talent and Drama” to the program, and two field trips – a visit to the Montreal Museum of Fine Arts and a Picnic at a local park, which included games and fun activities. We were also invited by the Music Department to attend a concert in the sanctuary, which the children really enjoyed!

Our counsellors impress me more and more with each VBS program – they are truly devoted to VBS and put all their time and energy into keeping the children engaged, happy and safe. The A&P is truly blessed to have so many of these young people serving us, in such a meaningful way.

To ensure the safety of our children and reassurance of parents and guardians, the Quiet Garden is locked to the public from Monday through Friday, and access to the areas mentioned above are for VBS staff and children only. For this, we are truly grateful and appreciate everyone’s care and understanding. Those who interact with the children are the counsellors, members of the congregation we are familiar with, and our church staff. Under the guidance and care of Peter Sabourin and Leading with Care directives, all these important measures have afforded the children a fun and blessed experience for many summers. Thank you!!



Church School & Youth Group

Sharon Dworzak, Director of Church School & Youth Group Programs

















Church School & Youth Group

Sharon Dworzak, Director of Church School & Youth Group Programs

Within the A&P community, our Youth Group, as well as members of the Church School, continue to willingly lend a helping hand serving wherever needed, including help with the Fall Fair, planning and participating in events such as Apple & Pumpkin Picking, the Annual Pumpkin Ball, participating in the Remembrance Day Service, with Ian Walonoski representing the Church School this year.















Charles Lavergne



Charles Lavergne

Church School & Youth Group

Sharon Dworzak, Director of Church School & Youth Group Programs


Charles Lavergne


Charles Lavergne


Charles Lavergne


Charles Lavergne

Of course, it goes without saying, that our Church School and Youth Group fully embrace our **"Learning, Loving and Sharing"** theme over the Christmas season, beginning with **Advent Candle Lighting** and the **Annual Christmas Pageant.** followed with the **Family Christmas Dinner.** An enormous amount of time and effort is put into the preparations leading up to the Pageant, with so many wonderful volunteers giving of their time – the result..., an incredible production... a beautiful offering as our children and young people act out the story of our Lord's birth. Then on Christmas Eve, our Church School and Children prepare and lead the **Family Christmas Eve Service** – a beautiful service for young and old to enjoy.




Charles Lavergne

Church School & Youth Group

Sharon Dworzak, Director of Church School & Youth Group Programs

We added another activity this October – **Bulb Planting** – the church school children planted bulbs with the help and direction of Church School teacher Kate Hortop, and they hope that the congregation will enjoy the beautiful results of their efforts this Spring!

Our Youth Group has developed a wonderful community of their own, beyond the church walls. Coming from different areas of the city, different schools and different backgrounds, they have grown a "faith family", supporting each other, caring about each other and getting together as friends. A wonderful blessing for them all.

Thanks to the generosity and kindness of the Walonoski/Chen family, this Youth Group "community" enjoyed a beautiful weekend retreat in the country. It was a time of fun, sharing, laughter and fellowship. As I mentioned earlier, our Church School and Youth Group have been blessed by the kindness and support of this congregation, and wonderful role models. I thank the Walonoski/Chen family for there kind hospitality – for fulfilling by example, our **"Learning, Loving and Sharing"** theme.

Finally, I would like to congratulate **Thomas and Maygan Donoso** on their marriage – both former members of our Church School and Youth Group and also VBS counsellors. God bless you both!













Church School & Youth Group

Sharon Dworzak, Director of Church School & Youth Group Programs

Please note some important upcoming events:

February 28: “Coldest Night of the Year” walk in support of the St. James Drop in Center

March 29: Palm Sunday (Youth Choir performing)

April 5: Easter Morning “SONrise Service” and Pancake Breakfast

Spiritual Walk

TBA: Cabane a Sucre

May 10: Mother’s Day Breakfast (Youth Choir performing)

June 13: Canadian Cancer Relay for Life

TBA: Spring Youth Retreat

TBA: Talent Show – Fund raiser for Vacation Bible School

Once again, I would like to thank all who continue to support our Church School and Youth Group programs. Our teaching staff, the encouragement from Session, the Board of Trustees, The Guild, our Ministers, office staff, Peter Sabourin, Stratsi Dimitrov, the Ministry Committee faithfully led by Betty and Jim MacKinnon, the Music Department, and the congregation have all played a huge part in the success of our endeavors.

I am truly grateful for your encouragement and particularly for your prayers. God bless you all.

“I have no greater joy than to hear that my children are walking in the truth” *3 John 1:4.*

Respectfully submitted,
Sharon Dworzak
Director of Church School and Youth Group Programs











Happy Ending

Knitters for Neechewagon

Our story in the Spring 2025 issue of *InsideOut* noted that our knitters decided to disband after all, and that all completed knitted items at that time would be held in safe-keeping until we decided where to donate them locally for winter.

On October 24, 2025, six knitters met once more at church house to pack over 20 completed sets, and many more single items (scarves, hats e.g.) for delivery to Chez Doris, where they were gratefully received. It is, therefore, with a great deal of satisfaction, we can say “mission accomplished.”

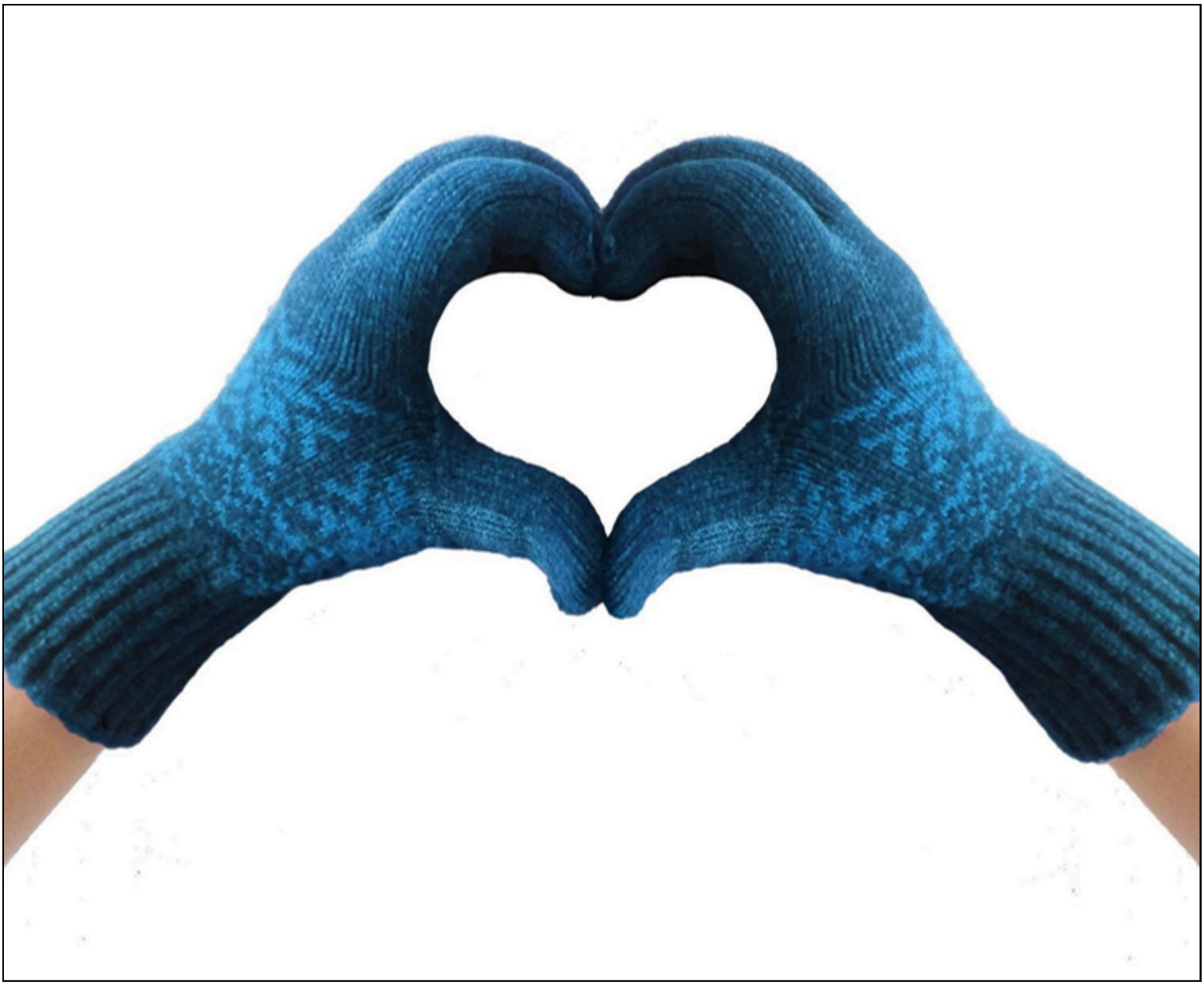
After that, we went to lunch at a restaurant with table service! For, as we have said before, socializing is as important as knitting.

It was a pleasure and privilege to contribute to such a worthy cause for all those years.

Respectfully,

Elizabeth Cuthill & Margaret Wallace, co-convenors

On behalf of Moira Barclay-Fernie; Teresa Cobb; Janette Fraser; Evelyne Jacobson; Jane Glenn; Margaret Gomersall; Jane Karim; Carmen Lewis; Annabelle Moore; Cathy Palmer; Helen Potter; and in Memoriam: Renata Kozoni; Ruthmary Lonsdale; and Mary Tosoni.



Church *@standrewstpaul*
Music Department *@choiratst_ap*
Website *standrewstpaul.com*

3415 Redpath Street, Montreal, QC H3G 2G2
Tel.: (514) 842-3431 Fax: (514) 842-3433
info@standrewstpaul.com

The Church of St Andrew and St Paul
A member of the Presbyterian Church in Canada

Photography:
Charles Lavergne
Louis Groulx (@louisgphoto)
Tam Lan Truong (tamphotography.ca)

The Church of St. Andrew and St. Paul was built in 1931-32. Two congregations, St. Andrew's founded in 1803, and St. Paul's founded in 1832, joined together in 1919. This is the Regimental Church of The Black Watch (Royal Highland Regiment) of Canada, whose colours hang in the sanctuary. The church organ is a four-manual 1932 Casavant (completely rebuilt in 2000) with 112 ranks and 7000 pipes spread over eight divisions, located in the chancel and the gallery.