



The Church  
of St Andrew  
and St Paul

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# Inside·Out

Fall 2018

## Worship

October – December

### SUNDAY, OCTOBER 7

Thanksgiving Sunday, 11:00 a.m.  
The Rev. Dr. Glenn Chestnutt

### SUNDAY, OCTOBER 14

Sacrament of Holy Communion, 11:00 a.m.  
The Rev. Dr. Richard Topping

### WEDNESDAY, OCTOBER 17

Taizé Chapel Service, 6:00 p.m.  
The Rev. Ian Fraser

### SUNDAY, OCTOBER 21

Service, 11:00 a.m.  
PWS&D Representative

### SUNDAY, OCTOBER 28

Service, 11:00 a.m.  
The Rev. Dr. Glenn Chestnutt

### SUNDAY, NOVEMBER 4

Service, 11:00 a.m.  
The Rev. Ian Fraser

### SUNDAY, NOVEMBER 11

Remembrance Day, 11:00 a.m.  
The Rev. Dr. Glenn Chestnutt

### SUNDAY, NOVEMBER 18

Stewardship Sunday, 11:00 a.m.  
The Rev. Dr. Glenn Chestnutt

### WEDNESDAY, NOVEMBER 21

Taizé Chapel Service, 6:00 p.m.  
The Rev. Ian Fraser

### SUNDAY, NOVEMBER 25

Sacrament of Holy Communion, 11:00 a.m.  
The Rev. Ian Fraser

### THURSDAY, NOVEMBER 29

Advent Chapel Service, 12:30 p.m.

### SUNDAY, DECEMBER 2

Advent I Service, 11:00 a.m.  
The Rev. Dr. Glenn Chestnutt

### THURSDAY, DECEMBER 6

Advent Chapel Service, 12:30 p.m.

(continued on next page)



## Thank You, Susan Stevenson!

Over Three Decades As Editor of This Magazine

This issue is dedicated to Susan with much gratitude and admiration for the wonderful work she has done as editor of the *InsideOut* for the last 31 years. Susan happily retired from *InsideOut* this summer when the Communications Committee set up a team of individuals to perform the many tasks that Susan had done for so many years. We can't thank her enough for all that she has accomplished.

## What's inside Inside·Out

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## (Worship continued)

### SUNDAY, DECEMBER 9

Advent II Service, 11:00 a.m.  
The Rev. Ian Fraser

### THURSDAY, DECEMBER 13

Advent Chapel Service, 12:30 p.m.

### SUNDAY, DECEMBER 16

Advent III Service, 11:00 a.m.  
The Rev. Dr. Glenn Chestnutt

### WEDNESDAY, DECEMBER 19

Longest Night Service, 6:00 p.m.  
The Rev. Dr. Glenn Chestnutt

### THURSDAY, DECEMBER 20

Advent Chapel Service, 12:30 p.m.

### SUNDAY, DECEMBER 23

Advent IV Service, 11:00 a.m.  
The Rev. Ian Fraser

### MONDAY, DECEMBER 24

Family Christmas Eve Service, 4:00 p.m.  
The Rev. Dr. Glenn Chestnutt

### MONDAY, DECEMBER 24

Christmas Eve Candlelight Service,  
11:00 p.m.  
The Rev. Dr. Glenn Chestnutt

### SUNDAY, DECEMBER 30

Service, 11:00 a.m.  
The Rev. Dr. Glenn Chestnutt

# Greetings from the Minister

## Remembrance and Hope



As I write this note we are looking toward to Welcome Back Sunday and the beginning of what will be a very busy, active and fun time at The Church of St. Andrew and St. Paul.

This year is the 100th Anniversary of the end of World War I which also brings a solemnity to our community life. It is a time to remember those who paid the ultimate sacrifice in a war that was to end all wars. To mark the centenary of the end of the Great War, we will hold a special Remembrance Vesper Service in October prior to our Remembrance Sunday

Service on November 11. As Christians we can take hope in the practice of remembrance as we have the promise that God will usher in a new age where there will ultimately be a new order in which war, tears and death will be no more. So, while we mourn the loss of so many, the loss of what could have been and the loss of peace when warfare breaks out, we can still hold onto the belief that we have a future which is yet to be in Christ.

There will be an inevitable sense of loss and sadness in November, but there will also be a sense of hope. The last Sunday of November is the first Sunday of Advent. With certainty, winter will come but along with it the newness of life in Christ which we await during Advent and then celebrate at Christmas. We have the assurance then that the shortening days of winter will eventually turn to lengthening light and a new day will dawn when all darkness and sadness will cease, and Christ will be all in all. We can look forward to that day, pray for it and hope in it.

Let us take heart and rejoice!

*Your minister and friend,  
Glenn*

## From the Church Registrar

### Baptisms



**Raphael Etienne Robitaille**  
December 24, 2017

**Timothy George Cabaluna Philpott**  
December 24, 2017

**Théo André Pause**  
April 29, 2018

### Marriage



**Philip Dawson and  
Marie-Laurence Goyette**  
August 11, 2018

### Memorials & Funerals



**Prof. John W. Durnford**  
December 12, 2017

**Margaret McCaig**  
May 30, 2018

**Sandra Wilson**  
December 22, 2017

**John Kirwan Martin**  
September 19, 2018

**William E. Stavert**  
January 20, 2018

**Grace Elspeth Angus**  
September 22, 2018

**Janet Blachford**  
February 23, 2018

**Thomas "Iain" Ronald**  
February 24, 2018

# The Inside Story of *InsideOut*

A New Beginning for an Old Favourite

A warm welcome to our new editor – Ms. Gwen Tracy! You are, we believe, the fourth in a short but distinguished succession. *InsideOut* was the brainchild of newly-ordained elder Eric Riordon, with an assist from Vera McDougall, the church secretary of the day, from whom few secrets were hid. It was the 1970s and everything seemed new: a new minister, William R. Russell, and shortly thereafter a new assistant minister who was doubly a Lady; a new organist and choirmaster, Wayne Riddell; new elders, of whom (for the first time since John Calvin) two were women, Phoebe Stewart and Susan Stevenson; and a congregational newsletter, which was not only a new idea – but had to come out in a hurry!

*This first issue has been prepared in some haste – and is neither as long nor as “newsy” as future issues will be – with a view to getting it out in the mail before the threatened mail strike!*

The first editions were much like those that followed over the next 40 or so years. There was news of the Pageant at Christmas; the “Messiah” at Easter; The Black Watch Church Parade (then September 24th “in hopes of having finer weather for this colourful event”) – to say nothing of Chapel Services, Bible Studies, Youth

Groups and, of course, The Church School and Nursery (or what *InsideOut* called the “Crayon-Crowd”)

Here is an early notice which should interest:

## **Christmas Craft Fair**

*It's that time of year again... and the Women's Guild have all sorts of goodies to tempt Christmas shoppers in Kildonan Hall on Wednesday, November 9, starting at 11:00 A.M. Gifts large or small... cheap or costly... old or mod... clever or cute – from oil paintings to Christmas tree ornaments – will be on sale.*

*Hungry shoppers may want to take home delicious casseroles and baked goods – or enjoy the hospitality of the noon-time luncheon or afternoon tea. And... yes... MEN are invited – welcomed – and promised especially generous portions of lunch!*

As you turn the pages of *InsideOut* down through the years, you learn much about the events and groups that sustained the message and mission of our “household of faith” in the past. The once-thriving Women’s Missionary Society (Afternoon and Evening auxiliaries); the Play Group, which meant so much to the children of the district; and Meals-on-Wheels, which befriended and fed so many lonely folk in the downtown core. Older mem-

bers will remember such groups as the Side Aisle, the Business Women’s Group, the Junior Choir, the Post-Confirmation Group, a Pleasant Sunday Afternoon, the Canada Council Concerts and the Cassette Ministry. Nor are we to forget the careful note of the baptisms, marriages and funerals of those within our church community.

More recently, through *InsideOut*, we have learned who we shall hear preach each Sunday, the introits and anthems we shall enjoy, and the special seasons and observances we celebrate throughout the year. In addition, a myriad of interesting articles about our history, our missions around the corner and around the world, and the lives and deeds of members, who have rendered outstanding service to St. Andrew and St. Paul and beyond.

*InsideOut*’s second editor was Norma Goldsmith, who was our deaconess and director of Christian Education from 1980 to 1987. When she and her husband moved from Montreal West, Ruling Elder Susan Stevenson agreed to take it on “until you find someone else”. That has happened only recently – 31 years later!

It would be hard to imagine anything at St. Andrew and St. Paul that has not felt ‘the Stevenson touch’. She has not been a trustee nor a chorister, but it is hard to think of a Board, Committee or Church Endeavour of any kind that has not benefited from her wisdom, her dedication and winning ways. As an editor herself, she has seduced and supervised the talents of many to make *InsideOut* a superb publication, providing our congregation with an in-depth understanding of why we are here and what we are expected to do to fulfill the call of Christ in our time.

We owe an enormous debt of gratitude to Editor Susan Stevenson for making *InsideOut*, even in this age of continuous communication, such an important part of our church life. Well done!

*The Heritage Committee*



The evolving mastheads of *InsideOut* since 1970

# Don't Miss the Fall Fair on Nov. 3

Donations Are Still Needed to Fill Our Tables

2018 will mark the 84th year of this annual event. Every year the fair raises a significant amount of money for worthy charities in our community. It is also a lot of fun. Last year's total sales were over \$ 23,000 - a phenomenal achievement! This year we're aiming for even more, so get those donations in!

We don't sell clothing, but we are on the look-out for most other items. What better way to declutter and help support our partner charities than donating your items to our church Fall Fair. If you're a talented baker, there is also a table dedicated to home baked goodies, which is always extremely popular.

Please leave your items at the church office or contact one of our convenors who can make arrangements to collect them.

## Fall Fair

**Saturday, November 3, 9:30 a.m. to 2:30 p.m.**

This year's co-convenors are Michael Neil & Jeanette Kelly. Their contact information is available in the church directory or you can send them an email at [fallfair@standrewstpaul.com](mailto:fallfair@standrewstpaul.com). You can also make enquiries at the church office.

## Fall Fair Wine and Cheese Party

**Thursday, November 1, 5 to 7 p.m.**

This gathering is a grand time to meet old friends and make new ones. Top items from the Fall Fair are there for purchase. The wine and cheese are DONATED. All funds go to the Fall Fair. Why not come and bring a friend?

- Location: The Kirk Session Room.
- Reservations: Call Susan Stevenson (514) 933-2934 or RSVP via the church website calendar link below
- Cost: \$20.00
- [standrewstpaul.com/events/fall-fair-wine-and-cheese-party/](http://standrewstpaul.com/events/fall-fair-wine-and-cheese-party/)

*Michael Neil & Jeanette Kelly*  
*Fall Fair Convenors*

## 2018 FALL FAIR TABLE CONVENORS

Trifles	Adrian Owens
Jewellery	Ann Owens
Treasures	Thea Calder and Judith Kashul
Children's Boutique	Jean Shettler
Books	Roberta Bolton
Christmas Boutique	Margarita Medina-Ibanez
Linens and Lace	Katie Kinnear
Asian Delights	Siska Chen
Bottle Shop	Janet Faith and Tara Wilkie
Plum Puddings	Betty-Jo Christiani
Jams, Jellies and Preserves	Joan Blair
Luncheon	Ian Lamont and Diane Aikens



## Special Remembrance Day Service

### Remembering Those of Our Church Who Fought in WWI

This Remembrance Day Service marks the 100th anniversary of the ending of World War I (1914-18).

We will be remembering in a special way the 282 men of the two congregations (St. Andrew's and St. Paul's) who served in that war - 58 of whom paid the ultimate sacrifice.

**Please plan to attend on Sunday, November 11, 2018 at 11 a.m.**





**Summer 2018 Open Church Tour Guides,  
Alex Sheasby and Louis Bucket**

# Our Quiet Garden

A Spiritual Oasis in a Busy City

A team of dedicated gardeners tended to our Quiet Garden all summer this year, providing a restful haven for reflection, prayer and a chance to reconnect with God and nature. This hardworking team composed of Don Kelly, Philip Heywood, Charles Lavergne, Jane Glenn and Diane English spent hours each week examining the health and growth of the vegetation, adding more plants, flowers and trees, and weeding the expansive area covered by the garden. We are truly grateful to these talented individuals who gave so much of their time to care for this beautiful space.

Please visit the garden before the cold weather sets in or go to our website to view our Quiet Garden Tour video. A special thanks goes out to Philip Heywood, a very talented horticulturalist, who, on the video, expertly presents the many aspects of our garden's vegetation and how our congregation and visitors are currently using this space.

*Members of Session*

## Open Church Tours

From June 26 to Aug. 31 Over  
6000 People Came to Visit

This summer, we had the privilege of once again giving guided tours of the church and assisting the music program during the very successful weekly organ concerts. We welcomed over 6000 people to the church, greatly surpassing last year's total number of visitors. This was a huge surprise, since there were very few festivals and events in the area to bring Montrealers and tourists to Sherbrooke Street similar to the ones that occurred last year during Montreal's 375th anniversary celebrations. We were able to share the history of the building and congregation with individuals from all over the world, as far as Japan, Russia, Australia and South Africa. Visitors frequently came to us praising the tranquility and beauty of the Quiet Garden, often referring to it as a "hidden gem" on Sherbrooke.

Once again, we would like to thank the congregation for supporting this important project to preserve not only the history of The Church of St. Andrew and St. Paul, but also its cultural heritage which is so closely intertwined with its neighbours in the Golden Square Mile.

*Alex Sheasby and Louis Bucket  
Open Church Tour Guides*



**Gardeners from left to right are Don Kelly, Philip Heywood, and Charles Lavergne. Missing from the photo are Jane Glenn and Diane English.**

# Music at A&P

An Exciting Balance of New and Familiar Sacred Music



**T**he 2018-2019 season of sacred music at St. Andrew and St. Paul holds an exciting balance of the new and the familiar. Our music

team continues almost unchanged from last year, with one notable exception. On Sunday, August 26 we bade farewell to our Assistant Conductor Floyd Ricketts, who is continuing his doctoral studies in choral conducting at McGill University. We would like to thank Floyd for his musical contributions to the group, and for the personal warmth and commitment he brought during his year with us.

We are delighted to welcome our incoming Assistant Conductor, Adam Wills Begley, who is beginning a doctorate in choral conducting at McGill, also under the guidance of our Conductor Jean-Sébastien Vallée. Mr Begley comes to us from the United States, via Yale University and the University of Michigan, and most recently from Cambridge University in the UK. He is an experienced singer and conductor, and most recently studied with Stephen Layton and Christopher Robinson.

Another new venture we are hosting this year is a collaboration with l'Opéra de Montréal's series "Let's talk Opera". These engaging lectures on each production of the Opera's season are given by musicologist Pierre Vachon, with musical illustrations provided by singers and pianists from the opera company. Sunday afternoons at 3:00 p.m. in Kildonan Hall, on the following dates: August 26 (Rigoletto); November 11 (Das Rheingold); January 13 (Champion); March 10 (Twenty-Seven); and May 5 (Carmen). Visit [operademontreal.com](http://operademontreal.com) for more info, and to reserve your free ticket.

*Jonathan Oldengarm*  
Director of Music

## Upcoming Special Services and Concerts

### Lest We Forget: A Remembrance Vespers Service

**Commemoration of the 100th Anniversary of World War I**

**Saturday, October 20, 2018 at 7:30 p.m.**

**Freewill offering**

**Performers: A&P Choir; Jean-Sébastien Vallée, conductor; Jonathan Oldengarm, organist**

Join us for a moment of reflection commemorating the 100th anniversary of the Armistice that ended World War I. A time of reconciliation, hope and peace to remember and pay tribute to the men and women who have sacrificed so much to ensure our freedom.

### Bach Festival Service

**Sunday, November 18 at 11:00 a.m.**

The Montreal Bach Festival has become an important cultural event in our city over the past decade. We are delighted to sing two of Bach's great choral motets in morning worship during this year's Festival. The Prelude and Postlude will also feature organ works by the great Cantor of Leipzig.

### A Gender-Bending Messiah *Messiah* – G.F. Handel

**Friday, November 23, 2018 at 7:30 p.m.**

**Admission: \$35/\$100; [www.maisonduparc.org](http://www.maisonduparc.org) or 514 523-6467**

**Performers: A&P Choir; Montreal Symphony Orchestra Players' Association; Jean-Sébastien Vallée, conductor**

Join the A&P Choir for the Annual Benefit Concert for the *Maison du Parc*, one of Montreal's last hospices for men and women stricken with HIV / AIDS. This year we present an unconventional performance of Handel's beloved masterwork, *Messiah*. Our performance challenges gender-role expectations by reassigning the solos to singers of the opposite sex! Ever wonder how the famous "Rejoice" would sound if performed by a tenor, or "Every Valley" performed by a soprano? A unique and slightly provocative version of Handel's *Messiah* and support one of Montreal's most important HIV / AIDS institutions.

### 39th Annual CBC Christmas Sing-In

**Sunday, December 9, 2018 at 3:00 p.m.**

**Admission: Visit the [cbc.ca/montreal](http://cbc.ca/montreal) in November for free ticket information**

**Performers: A&P Choir; Sing-In Brass Ensemble; Jean-Sébastien Vallée, conductor; Jonathan Oldengarm, organ**

The Church of St. Andrew and St. Paul is thrilled to join forces once again with CBC to present the 39th Annual Christmas Sing-In, a cherished Montreal tradition since 1980. Get into the spirit of the season with this heart-warming concert of Christmas favourites, the Choir of the Church of St. Andrew and St. Paul, the Sing-In brass and percussion ensemble, and 1500 carollers singing along.

### 46th Annual Carols by Candlelight

**Sunday, December 16th, 2018 at 7:00 p.m.**

**Admission: Freewill offering**

**Performers: A&P Choir; Jean-Sébastien Vallée, conductor; Jonathan Oldengarm, organist**

Carols by Candlelight is a highlight of the Christmas season at the Church of St. Andrew and St. Paul. This traditional service of Lessons & Carols takes place in near-darkness, creating a sense of great beauty and peace. Come hear and sing your favourite Christmas carols!





# Music List for September–December



## September 9

Prelude: Canzona, BWV 588 (Bach)  
Introit: Jubilate Deo (Gabrieli)  
Anthem: Richtet mich, Gott (Mendelssohn)

Postlude: Prelude and Fugue in C major, BWV 531 (Bach)

## September 16

Prelude: Ciacona in B flat (J. B. Bach)  
Introit: I Will Lift Mine Eyes (Runestad) LIB 425  
Anthem: From the end of the earth (Hovhannes) LIB 136  
Postlude: Prelude and Fugue in G major, BWV 541 (Bach)

## September 23

Prelude: Excerpts from Chorale Preludes, Set II (Willan)  
Introit: Meditabor (Rheinberger)  
Anthem: Os justi (Bruckner)  
Postlude: Prelude and Fugue in F minor, op. 45 (Laurin)

## September 30

Prelude: Symphonische Choral: Jesu, geh voran, op. 65 no. 56 (Karg-Elert)  
Introit: Factum est silentium (Dering)  
Anthem: Psalm 122 (Sharpe)  
Postlude: Fête (Langlais)

## October 7

Prelude: Carol, Romanza & Musette (Vaughan Williams)  
Introit: Nun danket alle Gott (Pachelbel)  
Anthem: Te Deum in G (Vaughan Williams)  
Postlude: Antiphon (Vaughan Williams/Murrill)

## October 14

Prelude: Variations on Wondrous Love (Barber)  
Setting: Somerville Service (Wachner)  
Anthem: Salmo 150 (Aguiar)  
Motets: Sing, my soul, his wondrous love (Rorem); O Sacrum Convivium (Miskinis)  
Postlude: Toccata, from Suite no. 1 (Hampton)

## October 21

Prelude: Prelude and Fugue in G major, op. 37 no. 2 (Mendelssohn)  
Introit: Denn er hat seinen Engeln befohlen, from Elijah (Mendelssohn)  
Anthem: O, Thou sweetest source (Wood)  
Postlude: Maestoso, from Sonata no. 7 (Rheinberger)

## October 28

Prelude: Psalm 140 (Sweelinck)  
Introit: Psalm 96 (Sweelinck)  
Anthem: Magnificat St. Paul (Howells)  
Postlude: Psalm Prelude, Set 2 no. 3 (Howells)

## November 4

Prelude: Variaties over 'Ontwaak, gij die slaapt' (Bolt)  
Introit: Herr, nun lässest du deinen Diener, Musikalischen Exequien (Schütz)  
Anthem: Bring us, O Lord (Harris)  
Postlude: Paeon (Harwood)

## November 11

Prelude: Requiem aeternam (Harwood)  
Introit: I Am (DiOrio)  
Anthem: Introit & Kyrie, from Requiem (Fauré)  
Postlude: Allegro, from Symphonie VI (Widor)

## November 18

Prelude: Excerpts from the Schübler Chorales (Bach)  
Introit: Komm, Jesu, komm (Bach) (marked score)  
Anthem: Singet dem Herren ein neues Lied (Bach) (marked score)  
Postlude: Prelude and Fugue in D major, BWV 532 (Bach)

## November 25

Setting: Missa Portae honoris (Wood)  
Prelude: Fantaisie en do majeur (Franck)  
Anthem: Praise ye the Lord (Hurd)  
Motets: O God King of Glory (Purcell) & Ubi Caritas (Mealor)  
Postlude: Te Deum, from Trois Paraphrases grégoriennes (Langlais)

## December 2

Prelude: Nun komm, der Heiden Heiland, BWV 659 & 660 (Bach)  
Introit: Of the Father's Love Begotten (arr. Schlenker)  
Anthem: Little Lamb (Arnesen)  
Postlude: Nun komm, der Heiden Heiland, BWV 661 (Bach)

## December 9

Prelude: Nun komm, der Heiden Heiland (Bruhns)  
Introit: Come rock his cradle (Knight)  
Anthem: See dat babe (arr. Gibbs)  
Postlude: Toccata on 'Veni Emmanuel' (Carter)

## December 16

Prelude: Ciacona in d minor; Ciacona in e minor (Buxtehude)  
Introit: Huron Carol (arr. Takash)  
Anthem: Hodie Christus Natus Est (Quintana)  
Postlude: Praeludium in G minor (Buxtehude)

## December 23

Prelude: Pastorella, BWV 590 (Bach)  
Introit: O Magnum mysterium (Victoria)  
Anthem: Still, still, still (arr. Luboff)  
Postlude: Toccata in F major, BWV 540/1 (Bach)

## December 24

### Christmas Family Service

Quartet from the Choir

### Christmas Eve Candlelight Service

Full Choir

## December 30

Soloist from the choir

*Jean-Sébastien Vallée*  
Conductor

# "Redsurrection"

## An A&P Choir Gown Story

For your reading pleasure, we are thrilled to include a most interesting and colour-coded collage of answers to a questionnaire sent out to a select group of A&P "insiders":

David Christiani

Wayne Ridell

Wendy Glaubitz

Donna George

Anonymous Elder

They all gave forth upon the topic of the most wonderful and mysterious acquisition of the nice new red choir gowns, which the choir of The Church of St. Andrew and St. Paul debuted on Easter Sunday, 2018. For those who were wondering, wonder no more!

### 1. Why are the A&P choir robes red? Have they always been red? Is there a symbolism to the colour red at A&P?

I assume that they follow the traditions of the English Cathedrals that seem to dictate a red and white robe for trebles and full red for men. Yes, they have always been red, at least since I joined in 1977. Do we remember the "Martin Luther" headgear for the women? Not sure where that tradition came from, although it respects the thinking that women should keep their heads covered in church. I think that it lasted a good ten years after women in the congregation gave up on the practice, but they were abandoned long before we redesigned (refreshed?) the last uniform.

A&P choristers actually wore purple gowns, back in the nineteen fifties and sixties. The iconic red gowns only appeared in the early seventies.

Perhaps people like the colour red as a symbol of the vitality of life; also, it is a popular choice for choir gowns elsewhere.

I think that the decision to choose red was justified by the colour of the gowns at St Giles in Edinburgh (I doubt that many Presbyterians would want to think the colour was copied from an Anglican Cathedral!) On a practical level, The Church of St. Andrew and St. Paul, being so cavernous, greatly benefits from the pops of red that the choir gowns furnish; red also matches the carpet!

### 2. Are they choir gowns or are they choir robes? Is there a difference?

You say tomato and I say tomawto?

Oh, they are gowns, not robes!

No difference to me; they are the choir uniform, no matter the name!







**3. Did the previous pre-2018 choir garments date from the coming together of the two congregations of the St. Andrew and St. Paul churches?**

No. In fact there have been at least two different versions of the A&P choir gowns between 1977 and the current version.

I do not think that the church choir of St. Andrew had gowns, but St. Paul probably did. As for the dedication and opening of the new church on September 22nd, 1932, the 70-voice choir was resplendent in new gowns, copied by Henry Morgan and Company from the gowns of The Parish Church of Saint Cuthbert (Edinburgh)...these 1932 gowns were apparently rather purple, and the caps were called Canterbury caps. The red and white gowns, just before the newest all-red ones of 2018, had been designed by Milne.

**4. How long has the choir been planning a change of garment? Why did the choir want this change? Who else outside the choir was consulted in the planning stages?**

There had been talk of updating or upgrading the gowns since at least 1986; at least two conductors after me had thought about it, for various reasons such as; the gowns needed major repairs, the hats for the women were too hot to wear in church in the summertime, and the red and white combo gowns that the women wore diluted the total red visual effect.

The choir has been planning these gowns in a serious way for at least five years. Desmond Byrne has been the man in charge, making the project a reality with lots of hard work and planning, getting feedback from choristers, Music office staff, and members of the congregation until the plan became a reality.

**5. Was there a secret benefactor involved?**

Yes.

**Do they wish to remain anonymous?**

To my knowledge, yes.

**6. Why was Gaspard (a Canadian company) chosen as purveyor over many other possible vendors in the U.S.?**

There was a preference for choosing a Canadian company, in order to shop locally, as it were.

I would support a Canadian firm anytime if they can provide excellent quality.

**7. Is the A&P garment a custom order? Who should be given credit for this new style?**

This was indeed a custom order, mostly envisioned by Desmond Byrne....he really wanted something unique, and the people at Gaspard were able to deliver the vision.

**8. Was there talk of the ladies' church tricorne hats making a comeback, in this revived age of Fascinators?**

Perhaps, but only in jest! That idea did not go very far with most of the female choristers!

**9. Was uniformity of look amongst men and women very important in the design of the new style?**

I believe so; now everyone looks equally good and equally red!

I think it was an important factor; I think it was a good decision!

**10. My last, and most important question....why are there no secret pockets in the new choir garment? (This is a source of some grief to the ladies of the choir, who have no more secret pockets to stuff cough drops or tissues into anymore!)**

I sure miss my secret pocket!

Do not know how that happened.... sorry to hear about that source of dismay.... however, ingenious women will find a way, I am sure!

Anna Mizera

A&P Chorister for many moons...

# Caring for Choir Babies

## The Wonderful Care Our Babies Receive at A&P

**A**nna Mizera suggested that an article about the babies of the choir members be included in the InsideOut. Alex was the first to share her stories; this then inspired Johnty, Ellen, and Sarah to share their own reflections about their babies' experiences at church.

### Alex and Evren

Evren has been present at every step of the way for Alex and Floydd in their musical introduction to A&P. Choristers opened their arms and their hearts to Evren for the first time on the night of his parents' auditions. With both Floydd and Alex attending rehearsals and services throughout the year, Evren seems to have developed his own community of people all over the church! From Sue Knell, Louis Buckett and Dylan Lupena in the front office to the amazing nursery volunteers such as Susan Stevenson, Tara Wilkie and her lovely daughters, Wellesley and Isla who come in early to look after the Choir Babies. Evren always has a smiling face to greet them wherever he goes! We are so grateful for the community and care that exists here at A&P which makes such a difference in the lives of the singers and our children.

Beyond A&P's generous volunteers, community members outside the church have also stepped in to provide loving care. After meeting Evren in the Crèche at rehearsal and seeing how well he played with Jojo, Johnty's mother took care of Evren, Jojo and her little sister Sébastienne, patiently guiding the tiny caravan of joy up and down the aisles of St James United Church during William Duffy's masters recital. Evren loves coming to church to see the other kids, listen to the music and walk through the corridors... usually searching for a keyboard!

Apart from the wonderful care Evren receives, he also hears a lot of beautiful music. It is not surprising then that Evren is a burgeoning music aficionado who eagerly watches and conducts along to the music livestreamed during Sunday services!

### Johnty and Johanne (Jojo)

When we started coming to the church in 2015, we were very impressed with the way the Crèche was run, and as the number of choir babies increased, it was great to see the efforts ramp up so quickly. Having extra hands on deck during the Sunday morning pre-service rehearsals was a great help for all the parents singing in the choir.

We really appreciate the efforts of the Church School in creating an amazing spiritual environment for kids of all ages. We look forward to the day when Jojo can sing with the children's choir (which should be soon)! She had a lot of fun at the pageant, and we were watching the archived livestream and singing along regularly to the point where she could almost recite the whole thing! Johanne (Jojo) is now almost four, and we look forward to also integrating our second child, Sébastienne, who just turned 6 months, into the church community.



**Mathou in the locker room, thrilled to be at church!**



**Future Chorister?**

### Ellen and Anna-Rose

Anna Rose's integration into life at A&P began even before she was born, when the ladies of the choir (lead by Steph Manias and Kristi Bryson) threw me a beautiful baby shower. It was an incredibly touching and heartwarming event that I will never forget. It truly made me feel like we were one big family and that my baby was being welcomed with open arms!

Anna Rose met Susan and the rest of the awesome team of volunteers in the Crèche when she was not even 6 months old. I'm not going to lie, it was challenging at first. For BOTH of us! It was our first childcare experience outside of the direct family! Thankfully, the wonderful caregivers and my choir mates were full of love and patience through baby's tears (and mine as well), and now at nearly two years old, Anna Rose knows everyone in the Crèche and looks forward to the mornings when she comes with me to church!! I never worry about how she's doing up there while I'm singing, because I know that she feels comfortable and safe and loved by everyone in the building!

Being able to bring my little girl to church with me on Sunday mornings has opened up new ways of relating to the non-choir parishioners, and has deepened my attachment to A&P.

When I first became pregnant I didn't think it would be possible to continue to sing regularly at A&P because of the demanding schedule. I'm so grateful that so many people have offered their time, energy and love to us parenting choristers and our little ones, so that we can continue to be a part of the musical and spiritual life at the church. This past year was my sixth as a full-time choir member!



## Sarah and Mathilde

Mathilde (Mathou) loves going to A&P because it means “going to singing” and seeing Evren! (And other people that she likes). She enjoys the music and being part of this special part of my life. When she comes on Sundays, she likes to sit in the congregation to listen to the music (and to blow kisses to her godmother Charlotte who also happens to sing in the A&P Choir).

Because of juggling schedules, sometimes my partner Xavier leaves work to meet us at the church on Thursday evenings and then he and Mathilde hang out with the other kids while I rehearse. Everyone brings snacks and they all share. Xavier used to sing in the A&P choir too but his work has become more demanding and he enjoys having those moments with Mathilde. For this reason, she is usually with Xavier when she’s at church and we have not had the chance to use the amazing childcare system at the church.

Mathou likes singing Bach-like final Amen cadences, the “Gloria, in excelsis Deo” part from Angels We Have Heard On High and “Rejoice Greatly” from Handel’s Messiah.

## Thank You!

We would all like to take this opportunity to thank the community of people who have added so much to the musical life of A&P through their ongoing commitment and kindness in caring for the babies of the choir!

- Alex Asher (alto)
- Floyd Ricketts (assistant conductor 2017-18)
- Johny Wang (bass)
- Ellen Wiser (soprano)
- Sarah Halmarson (soprano).



## Congregational Dinner

New Date: Wed. Feb. 13, 2019

The Guild is planning a Congregational Dinner in Kildonan Hall on Wed. Feb. 13, 2019. The special guest speaker will be Viveka Melki, the curator of the War Flowers Exhibit which will be on display at the Chateau Ramezay Museum starting this November. The exhibit will showcase dried flowers plucked from the gardens and fields around Europe. These flowers were mailed by her grandfather, Lieutenant-Colonel George Stephen Cantlie to former church member Elspeth Angus’ grandmother and her infant daughter, Celia while he was fighting overseas in World War 1. The collection is composed of ten specially selected letters and flowers. The red poppy of this collection is believed to have been picked in Flanders Fields. Please save the date and join us for a wonderful evening of fellowship!

*Betty-Jo Christiani, President of The Guild*



Johanne and Anna Rose in the Crèche



Johanne and Evren in the Crèche



# The Saskatoon Report

Supporting the Native Friendship Circle Ministry

## July 17 - Travelling to Saskatoon

Sheila Jacob and I (Maurene White) went to Saskatoon in July to visit, participate in and assess how The Church of St. Andrew and St. Paul may further contribute to this vibrant ministry. Abraham Jacobs very kindly drove us to P.-E. Trudeau Airport for an early flight first to Calgary and then to Saskatoon. The only hiatus during the entire trip was a seeming calamity at the car rental counter which turned out to be what can only be described as serendipitously providential! Apparently, visitors to the various agricultural conferences taking place in Saskatoon that week had rented every single car and the person who had rented OUR designated car, which had been reserved well in advance, did not and would not return it! There were absolutely no cars available from any of the other rental companies either. The solution to this seeming calamity was sent to us in the presence of our contact person, Sharon Nixon, elder at St. Andrew's Church, Saskatoon and Board Member of the Saskatoon Native Circle Ministry (SNCM). Sharon not only came to our rescue to take us to the hotel that afternoon, but taxied us everywhere else for the remainder of our Saskatoon adventure.

This spared us the stress of driving in an unfamiliar city and resulted in us both getting to know Sharon, a down-to-earth, hospitable person, who was full of fun, in addition to being knowledgeable about Saskatoon, rural Saskatchewan, Native Culture, and so totally Christian. Sharon was brought up on a farm and many of her childhood friends were First Nations children, so working at SNCM was second nature for her. Learning the lore of rural and urban Saskatchewan Cree-settler ethnohistory as well church history was educational and a great joy for us. We couldn't possibly have had a better, more enjoyable and enriching opportunity to connect with our Twin congregation; it was a truly superb experience.

## Wednesday Morning - a Tour of 20th Street

Stewart's assistant, Dylan Nippi and his younger brother were our guides. They told jokes along the way and impressed us with scary stories about this area that just a few years ago had been very run down physically and socially. Ecumenical and social service collaboration have transformed it into stores, educational centers, supportive social service agencies, and healthy entertainment centers. There was not one building for eight blocks of 20th Street not devoted to the rehabilitation of people harmed by residential schools and other settler induced traumas. It has taken some reflection on the tour to realize just how extensive and heartwarming this effort has been. The truths that must have inspired this reconciliation effort obviously came from the right starting point, a right place in the hearts of Saskatoon political, church and society elders.

## The Wednesday Worship Service with Smudging

This is the heart of the Native Friendship Circle Ministry. A gathering of a dozen members of various parts of the community that are devoted to helping recovery attended, prayed, participated in smudging and were refreshed and renewed in the work of this remarkable, compelling ministry. Sheila and I prepared and served dozens of sandwiches exactly as Stewart has described to us several times at our church, and then handed them out to 'customers' who sat at tables in the front room of the SNCM, in families or groups of friends, peacefully and happily enjoying this lovely tasty meal. What a fulfilling delight it was to be part of this event after hearing about it for so many years!

## Thursday Morning at the Saskatoon Food Depot

We helped load large grocery carts with mostly baked goods, juices, other stick-to-the-ribs items and brought them back to store at SNMC. The Saskatoon Food Depot is enormous. I don't know of an equivalent in Montreal. Again, the generosity of the Saskatoon food suppliers is remarkable.

## The Art Studio

We participated in creating "Tin Man the Second". He began as cardboard boxes glued together; his face was added by one set of artists; his arms and legs by another; feet and shoes by another. Our contribution was his 'skin', a handsome metallic-like coating of silvery-coloured paint. Tin Man the Second is to be a promotional, street advertising project to attract people to the SNCM and Art Studio. We received a request from Jennifer, the studio animator for art supplies and markers of all sorts, which have already been donated along with a BOIT POCHADE. These will be sent to SNCM in our fall shipment of supplies. We thought that one of the artists might like to explore landscape painting and carry supplies into the countryside using the BOIT POCHADE.



The Rev. Stewart Foster at the Saskatoon Native Circle Ministry



Inside the SNCM art studio

### The Board Meeting/Dinner on Thursday Night

This event took place at a large stately house transformed into a restaurant, around a large oval dinner table - symbolic of the Circle Ministry. The devotion of each board member to the SNCM was evident, impressive and compelling. St. Andrew's Church is the main sponsor and supporter of SNCM. St. Andrews, although not a very large congregation, donates more than \$5,000. each year. After dinner we returned to the SNCM Art Studio and watched a video on the Doctrine of Discovery. I hope our committee here at the Church of St. Andrew and St. Paul will be able to host a showing of this video. It's quite an important piece of education for anyone working in truth and reconciliation.



Outside the SNCM art studio

### Friday - Visit to the Wanuskewin Heritage Park

In the Cree language: wânaskêwin means, "being at peace with oneself". This park was amazing. It is an archeological, heritage center and ethno-museum. Sharon drove us there on Friday morning, and patiently waited while University of Saskatchewan students and grads guided us around the site to visit as much as we could in one morning. I am definitely going back to visit Wanuskewin AND Sharon!

Sharon, thinking ahead, started a pork roast in her slow cooker and surprised us with a gorgeous dinner attended also by Alan, a St. Andrew's and SNCM board member, and his wife. They had brought Sharon some homemade Saskatoon berry jam for the cheesecake. So delicious! The board gave us lovely gifts of their calendar and info packages to read and share.

### The Friday Barbeque

This meal was perhaps even better attended than the Wednesday sandwich event. Stewart's helpers cooked the sausages ahead of time and Sheila and I served them. There were many people we hadn't met Wednesday, the SNCM obviously serves several quite large groups of Saskatoon people. They enjoyed their barbeque fare in the same milieu as they did the sandwich event on Wednesday. Again it was a heartwarming experience to be with all of them.

The return trip was very smooth and Abraham Jacob again, very kindly drove us back from the airport.

### Fabulous experience

I wish we could sent the SNCM a cheque for \$100,000 to speed and encourage them in their superb Christian work.

*B Maurene White  
Twinning Sub-Committee of Mission and Outreach*



Maurene visiting the SNCM kitchen crew



# Youth Group

Extraordinary Young People Fundraising and More...



**VBS Youth Counsellors**

The Youth Group participated in the Canadian Cancer Relay for Life, raising \$1,300 for cancer research. This year we enjoyed a new venue in the Old Port and were blessed with picture perfect weather. All but one of the team did not sleep for even a minute, as we walked from 7:00 p.m. Friday evening through to 7:00 a.m. Saturday, with a break for a fun BINGO game around 3:00 a.m.!! Their energy and devotion to this event is astounding! They are already planning for the 2019 Relay!

Most of our Vacation Bible School counsellors were from the Youth Group and they helped with a VBS presentation in Kildonan Hall on Church School Celebration Sunday. They gathered the Church School children together and sang a number of Vacation Bible School songs to give everyone a little taste of what was ahead in July.

They did an amazing job at Vacation Bible School as we welcomed 65 children, many of the children new to the church and our program. Please see more information about VBS in the Church School Report.

Our Youth Group is made up of an extraordinary group of young people, who already very busy with their studies, activities and commitments, are always ready to help out at the church, as well as in community service at home and worldwide. I would like to take this opportunity to highlight the achievements of a number of these young people.

Ainsley McMurray is a Canadian Junior Swim Champion who has been accepted at the University of Toronto and will be competing on the UofT swim team with some of the country's top

athletes. At the time of writing this article, Ainsley was preparing to leave for Fiji with the Canadian Junior Pan Pac Team to compete at the Junior Pan Pacific Championships in Suva, Fiji. Ainsley has devoted an immense amount of time and dedication to her swimming and we wish her every success. We will miss her at the A&P, but I'm sure we will be hearing great things about her in the future!! Olympics Ainsley.....?!!

Two other members of the Youth Group participated in a Science Competition which included numerous schools from within Montreal and outlying areas. Both young ladies placed first in their categories and won a number of prizes for their entries. Congratulations to Tiana Beaulieu and Adelka Felcarek-Hope for their creativity and hard work!! Well done!!

There are a number of activities coming up in the fall, so please note these dates in your calendar:

- **October 14: Youth Group Lunch**
- **October 26: Preparation and Participation in Pumpkin Ball**
- **November 3: Fall Fair Cleanup and Dinner**
- **November 25: "Amaze" – Team Building Event**

We would like to thank all of you for your continued support of our young people. Your generosity in so many of their fundraising efforts, your interest in what they are doing, and your friendliness and warmth in embracing them as members of the A&P community is heartwarming.

*Sharon & Art Dworzak*  
Youth Leaders



# Church School

## Update on Fundraising, Summer Activities and Upcoming Events

**T**hanks to the enthusiasm and generosity of so many members of the congregation, the Church School doubled their PWS&D project goal and at this date have raised over \$2,000. I will be meeting with the children on Welcome Back Sunday to revisit our project and look at the numerous gifts to choose from, that we can add to our "PWS&D Shopping List". Heartfelt thanks are extended to all who helped with the success of this PWS&D Project!

Over the last few weeks of spring, I wanted to introduce our wonderful Church School staff who have so generously dedicated their time and energy to the Church School – our behind the scenes "unsung heroes"! Many of the teachers and volunteers have been giving of their time for many years and without them, the success of our Church School program and my job would be impossible. Almost all of the teachers and volunteers were available to usher or read the scriptures during the services in May & June, and I do hope that many of you had an opportunity to meet them. Our teachers consist of parents, grandparents, church elders, Uni-

versity students, retirees, doctors, lawyers and teachers, all devoted to sharing their faith with our children and youth. I plan on more opportunities to introduce our staff over the coming 2018-2019 Church School year, in order to give everyone a chance to get to know this extraordinary group of Christians.

Without a doubt, Vacation Bible School which took place from July 9-20 was the highlight of my summer! Not only was I thrilled to welcome 65 children to the program, but equally excited to observe the dedication, energy, hard work and creativity of 26 amazing counsellors!! It was by far, the busiest VBS ever, with a host of activities provided for the children, some of whom had never been to our church. We welcomed children from Toronto, children visiting grandparents and new families searching for a place of worship with a children's program. Our counsellors led the children in worship, Bible stories, songs, and all the while sharing their welcoming spirit which made every child feel happy, loved and safe.

We had teams teaching arts and crafts, science and games, as well as outdoor

water games, visits to the gymnasium at Trafalgar School for Girls, Pizza Days, Pyjama Days and a special "Chalk Art" day for the Camp Finale! It was a fun packed two weeks – exhausting but at the same time energizing. A special thanks goes to our church staff for their patience during this very busy and very noisy two weeks, to Cindy for bringing in baked goodies and making certain I had a refreshing and much needed coffee every day around 2 p.m., to Allison always ready with a helping hand, to Maygan Godin, Thomas Donoso and Francis Donoso for continuing to devote their time to VBS, to the parents who entrusted their children to our care, to our amazing counsellors and to the parents of our counsellors – you've done a great job!!!

### And more news to share....

Thanks to a number of our teachers, a Church School Open Class continued for children ages 5-10 throughout the summer months. This provided continuity to our program and gave parents an opportunity to attend the summer worship services.

Confirmation classes will be offered this autumn for young people from Grades 6 through high school with confirmation taking place on November 18. Please check our website calendar for the dates of the classes. If you know of any young person who would like to be confirmed and attend the classes, please contact me at 450-689-4379 or email [grammy.shani@icloud.com](mailto:grammy.shani@icloud.com)

After a few weeks off, we are ready for another wonderful year ahead, so please note the upcoming events:

- **October 26: Pumpkin Ball**
- **October/November: Preparations for the Christmas Pageant**
- **December 2: Christmas Pageant**

*Sharon Dworzak,  
Director of Church School*



**Church School Participation: practicing a VBS song**



# Celebrating Our Children & Youth

## Canadian Cancer Relay for Life



Taking a break during the relay



Youth Group participants

## PWS&D Project



Counting coins donated

## Vacation Bible School



Having fun in the Quiet Garden



PWS&D bake sale to raise money to buy a cow



Learning to work as a team at Trafalgar School



Parent's Day at VBS